Early onset scoliosis

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Early onset scoliosis – deformity before 5yrs of age





 Treatment principles resemble b/w 5 to 10 and < 5 years.

Now scoliosis less than 10yrs also included in EOS



Etiologies

- 1. Idiopathic.
- 2. Congenital
- 3. Neuromuscular
- 4. Syndromic



Infantile idiopathic scoliosis	0-3 yrs
Juvenile idiopathic scoliosis	4-9 yrs
Adolescent idiopathic scoliosis	10-20 yrs





















Volume Depletion Deformities of the Thorax



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Neurocutaneous markers

Neurofibromatosis

Café au lait spots Skin tags Axillary freckles





Look for other specific syndromic features



Arthrogryposis multiplex congenita





Thoracic Growth

- 6%-At birth
- 30% by age 5
- 50% by age 10.
- Between 10 & maturity- volume doubles .
- The "golden" period

-between birth and 8 years



Development of lungs





- The alveoli 10 fold increase till 4 years of age.
- Deformity limits the space for lung growth
- Significant scoliosis before 5 years of age

 disabling dyspnea or cardiorespiratory failure.

Management of early onset scoliosis Idiopathic scoliosis

Radiological evaluation







Rib phase- at apex



Mehtas rib vertebral angle difference Infantile idiopathic scoliosis



Rissers grading





Where does your patient stands in this growth curve ?



Early onset idiopathic scoliosis

Observation

- 1. Cobb angle <20°*
- 2. RVAD <20°*
- 3. Phase 1 rib head*

If curve progression more than 10deg/6months or 20deg /1 yr –Intervene



Intervention

- 1. Cobb angle >25°*
- 2. RVAD <20°*
- 3. Phase 2 rib head*
- 4. Documented progression of curve

Intervention

• Curve deg - 25deg – 40 deg- cast application

 More than 40deg – surgical – <u>fusion less</u> <u>surgeries</u>















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Spinal brace



Fusion less surgeries 3 categories

- <u>1-Distraction-based systems</u> distractive force across deformed segment- growth rods
- <u>2-Compression-based systems</u> compressive force -inhibition of the convex side.
- Examples vertebral body staples and vertebral body tethering.
- <u>3-Guided growth systems=anchoring</u> multiple and apical vertebrae to rods -permitting longitudinal growth. Shilla System.



Growth rods











Stapling technique



Guided growth-shilla procedure



















Thoracic expansion devices





Vertical expandable prosthetic titanium rib























