## **Early onset scoliosis**

Dr.C.S.Vishnuprasath.,FNB(Spine)., Consultant spine surgeon, SKS Hospitals, Salem.



#### Early onset scoliosis – deformity before 5yrs of age





 Treatment principles resemble b/w 5 to 10 and < 5 years.</li>

Now scoliosis less than 10yrs also included in EOS



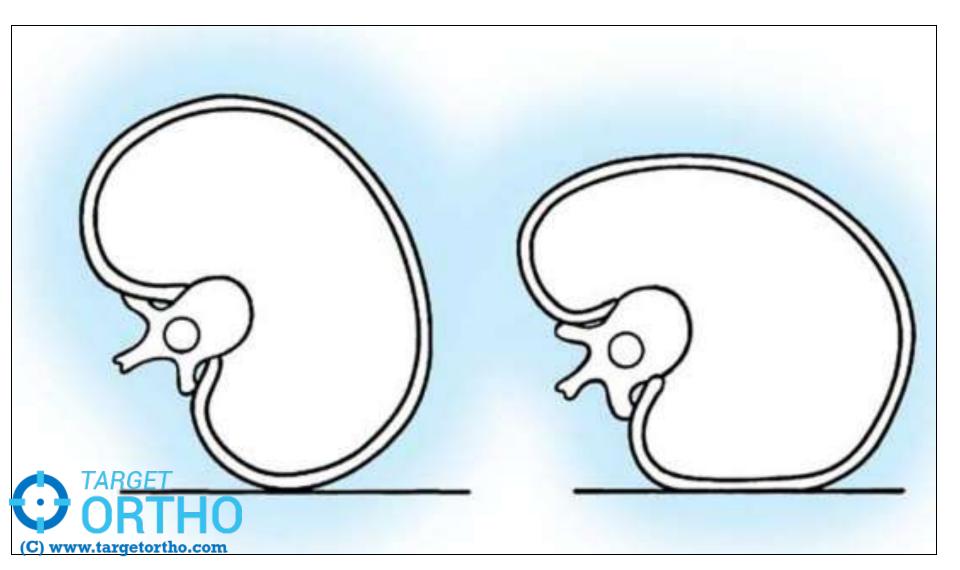
# Etiologies

- 1. Idiopathic.
- 2. Congenital
- 3. Neuromuscular
- 4. Syndromic



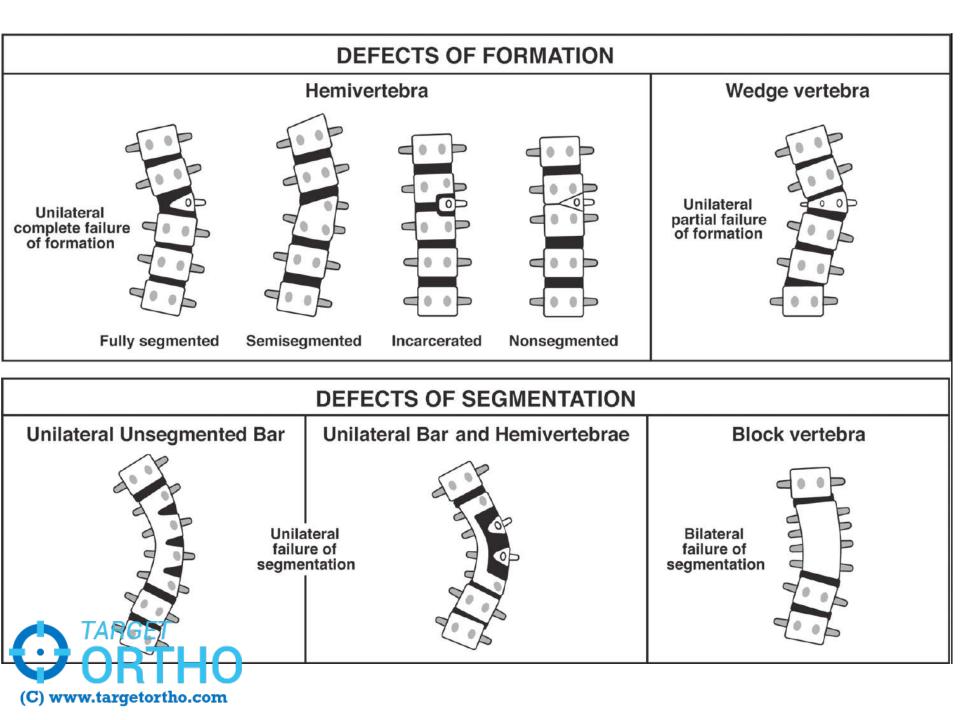
| Infantile idiopathic<br>scoliosis | 0-3 yrs   |
|-----------------------------------|-----------|
| Juvenile idiopathic<br>scoliosis  | 4-9 yrs   |
| Adolescent idiopathic scoliosis   | 10-20 yrs |



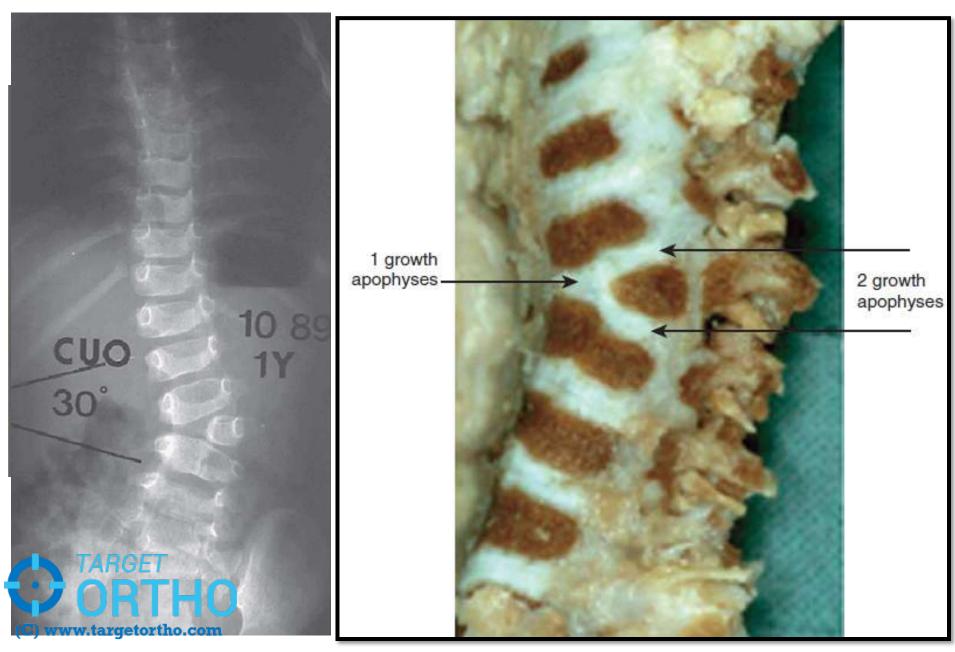






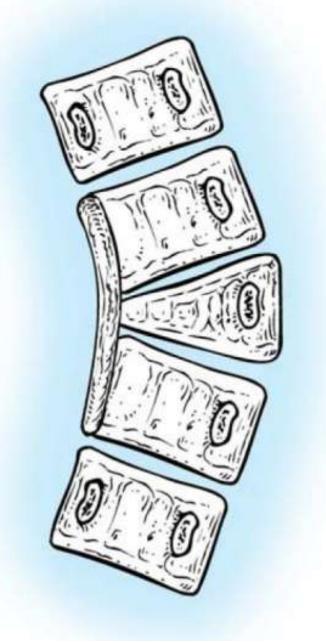


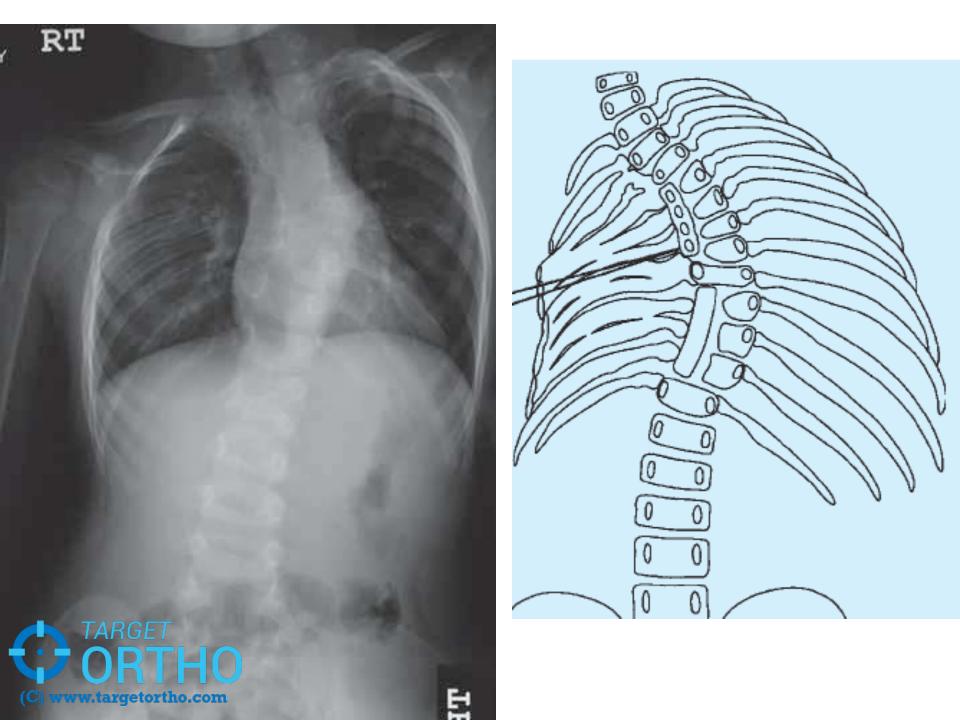
#### **Congenital scoliosis**



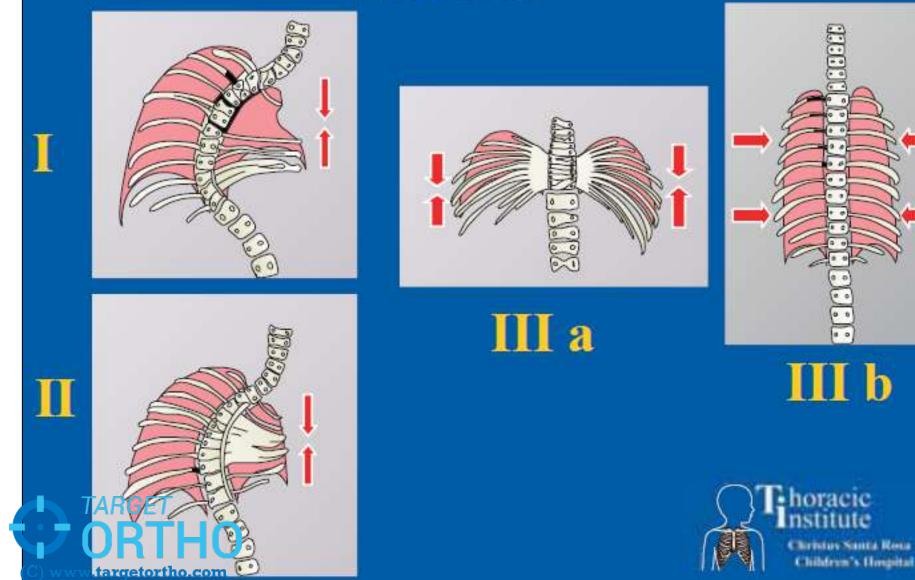
#### **Congenital scoliosis**







## Volume Depletion Deformities of the Thorax



b

#### **Neurocutaneous markers**

#### Neurofibromatosis

Café au lait spots Skin tags Axillary freckles





#### Look for other specific syndromic features



#### Arthrogryposis multiplex congenita





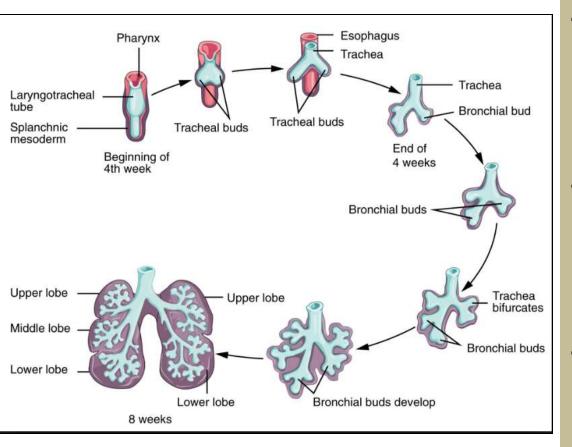
## Thoracic Growth

- 6%-At birth
- 30% by age 5
- 50% by age 10.
- Between 10 & maturity- volume doubles .
- The "golden" period

-between birth and 8 years



#### **Development of lungs**





The alveoli - 10 fold increase till 4 years of age.

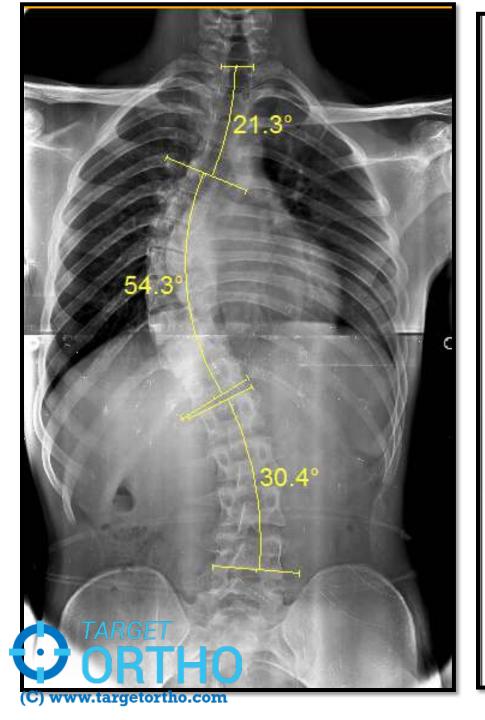
- Deformity limits the space for lung growth
- Significant scoliosis before 5 years of age

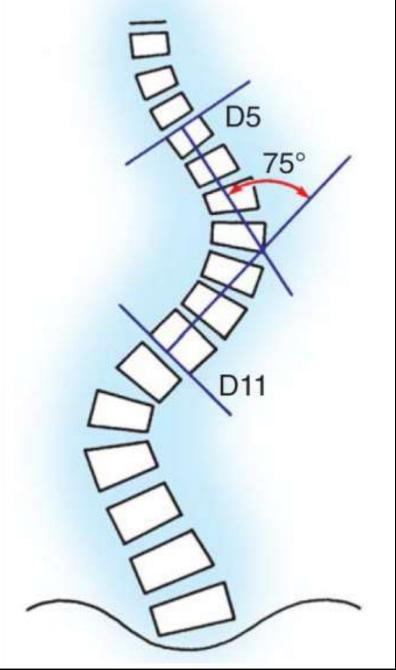
   disabling dyspnea or cardiorespiratory failure.

Management of early onset scoliosis Idiopathic scoliosis

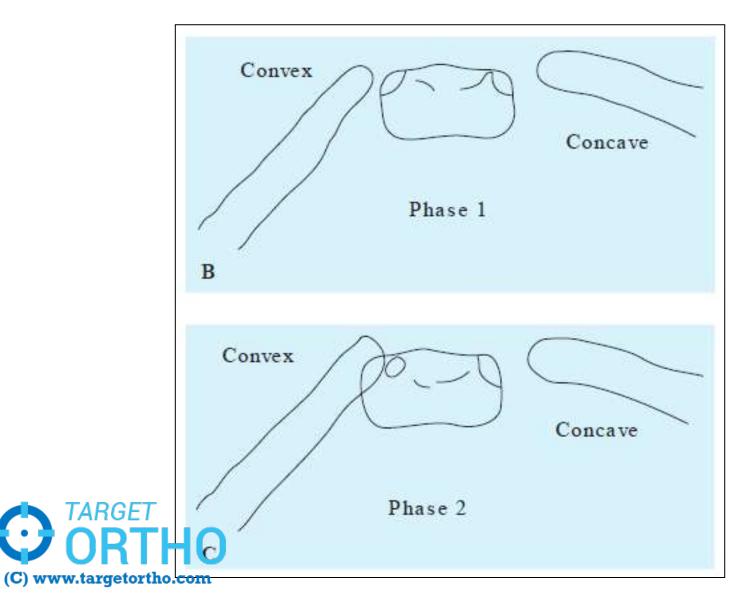
Radiological evaluation



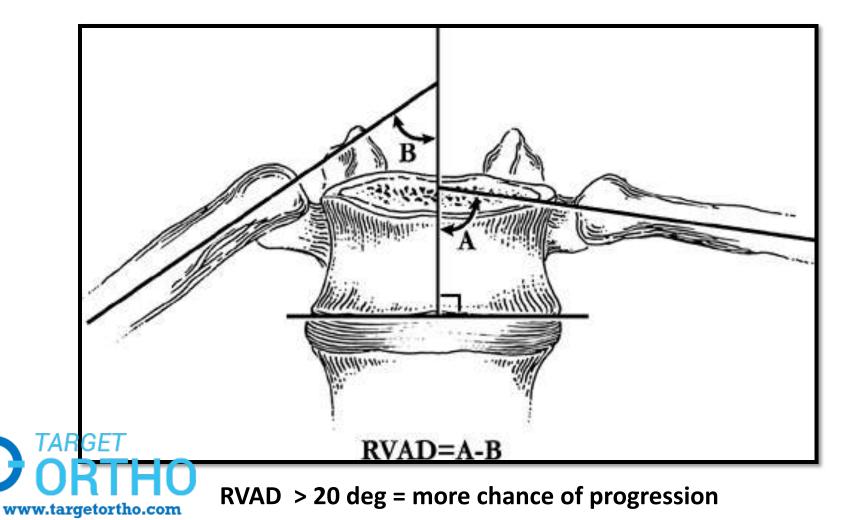




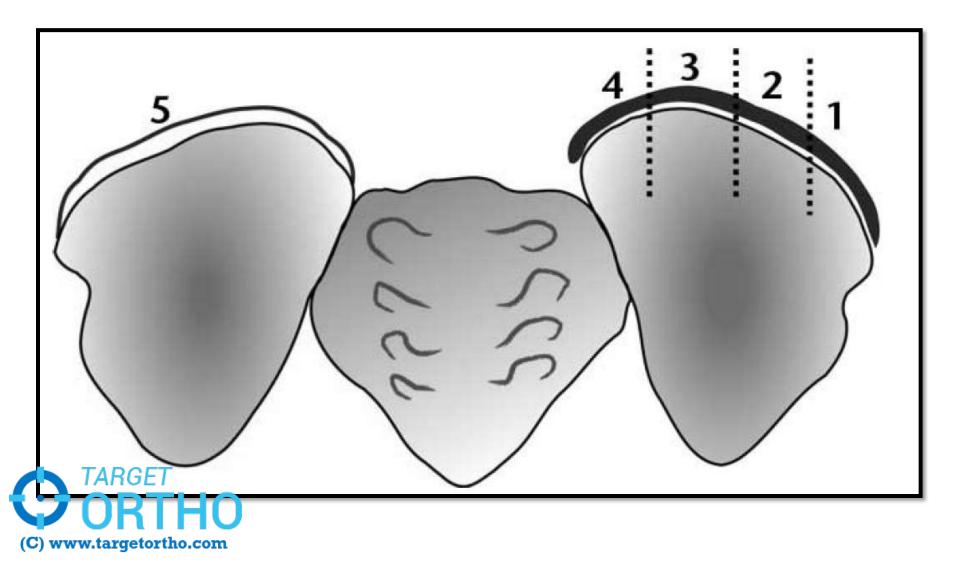
#### Rib phase- at apex

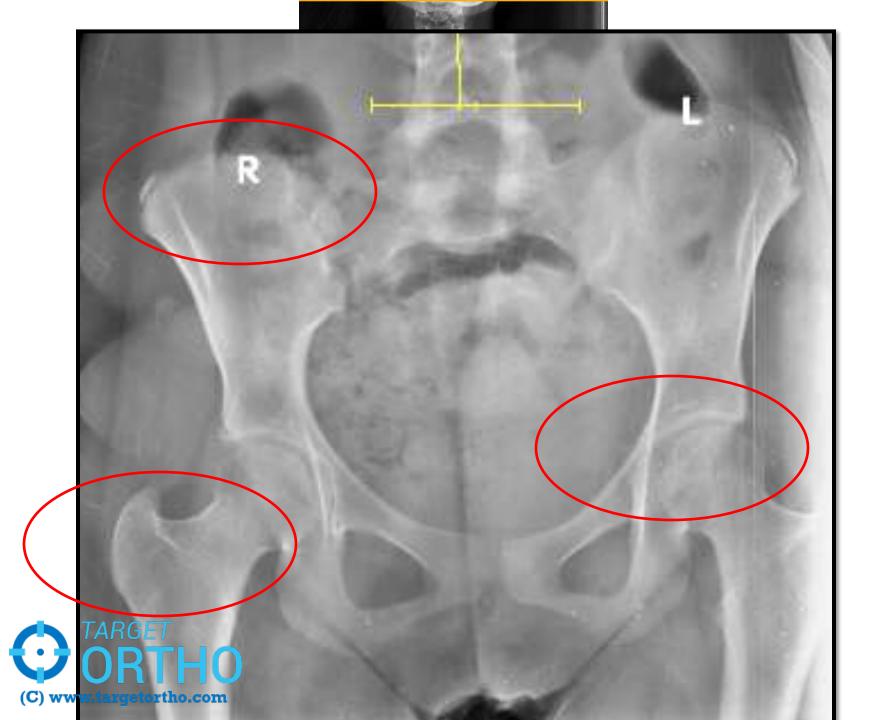


## Mehtas rib vertebral angle difference Infantile idiopathic scoliosis

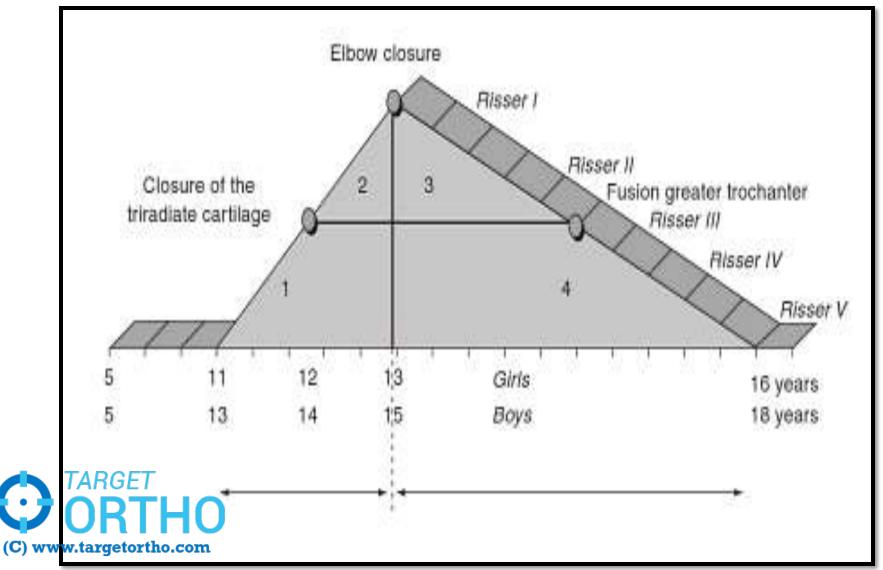


## **Rissers grading**





# Where does your patient stands in this growth curve ?



# Early onset idiopathic scoliosis

#### **Observation**

- 1. Cobb angle <20°\*</li>
- 2. RVAD < 20°\*
- 3. Phase 1 rib head\*

If curve progression more than 10deg/6months or 20deg /1 yr –Intervene



#### Intervention

- 1. Cobb angle >25°\*
- 2. RVAD more than 20°\*
- 3. Phase 2 rib head\*
- 4. Documented progression of curve

#### Intervention

• Curve deg - 25deg – 40 deg- cast application

 More than 40deg – surgical – <u>fusion less</u> surgeries













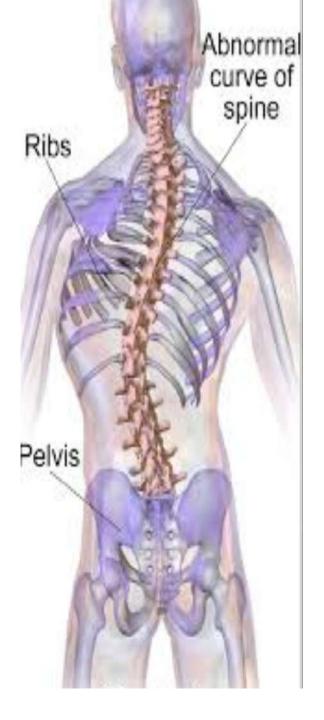


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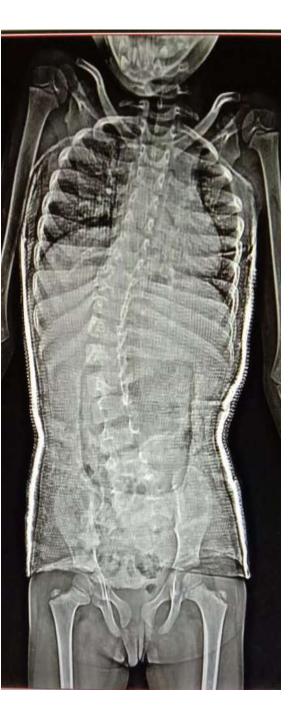












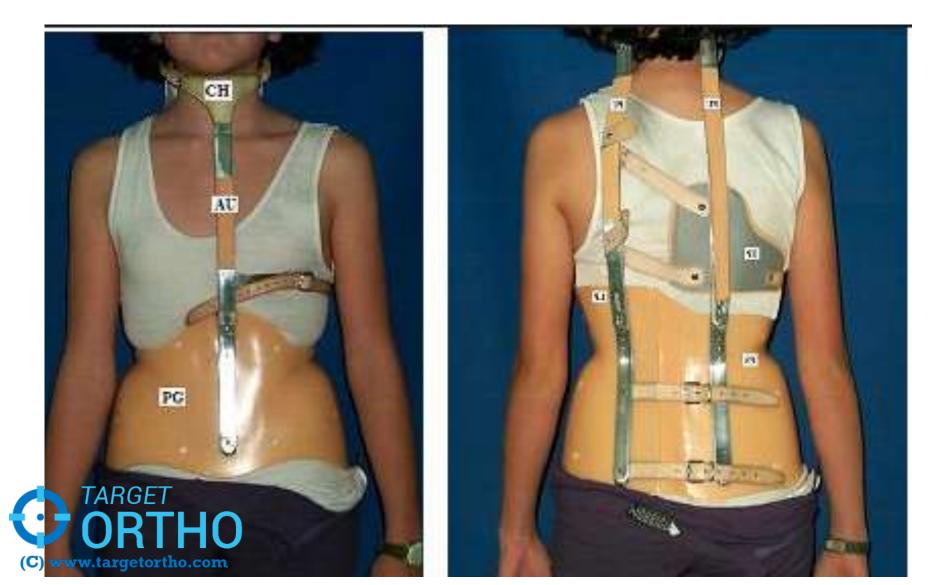






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# Spinal brace Milwaukee brace



#### **Boston brace**



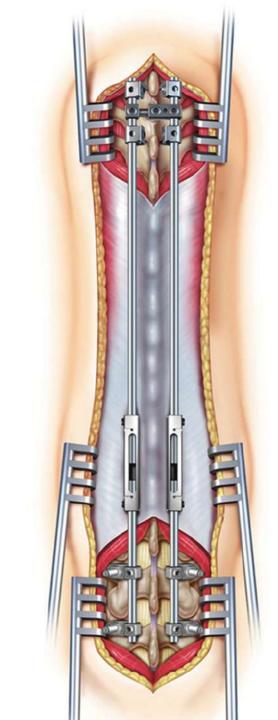
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# Fusion less surgeries 3 categories

- <u>**1-Distraction-based systems**</u> distractive force across deformed segment- growth rods
- <u>2-Compression-based systems</u> compressive force inhibition of the convex side.
- Examples vertebral body staples and vertebral body tethering.
- <u>3-Guided growth systems=anchoring</u> multiple and apical vertebrae to rods -permitting longitudinal growth . Shilla System.
   TARGET
   ORTHO

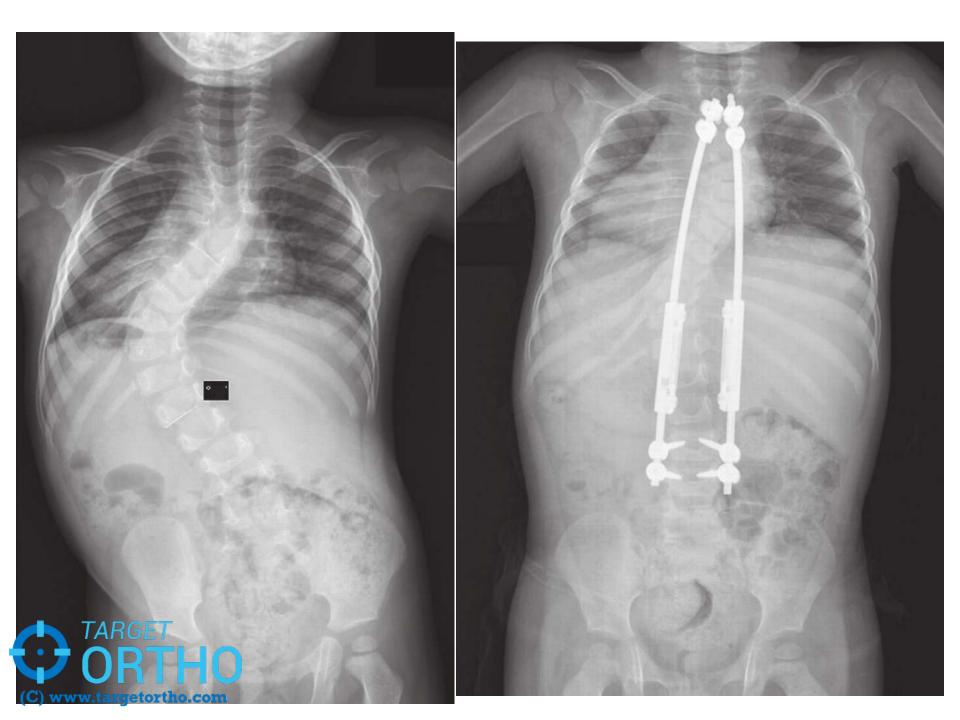
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#### **Growth rods**







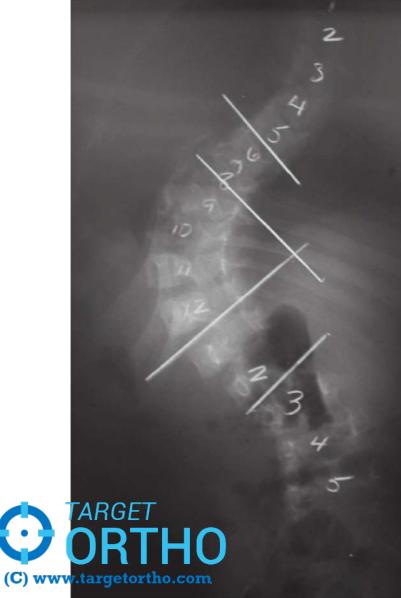


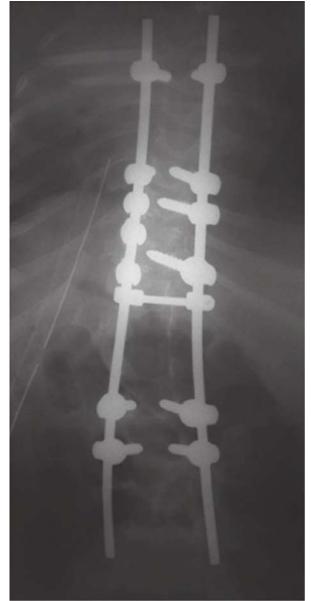


#### Stapling technique

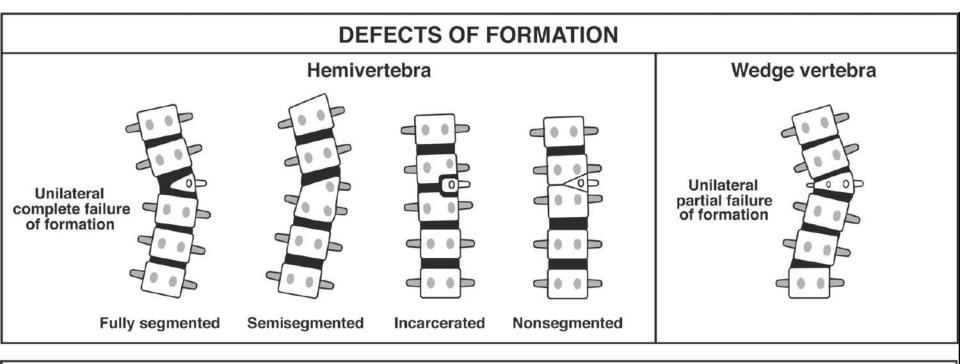


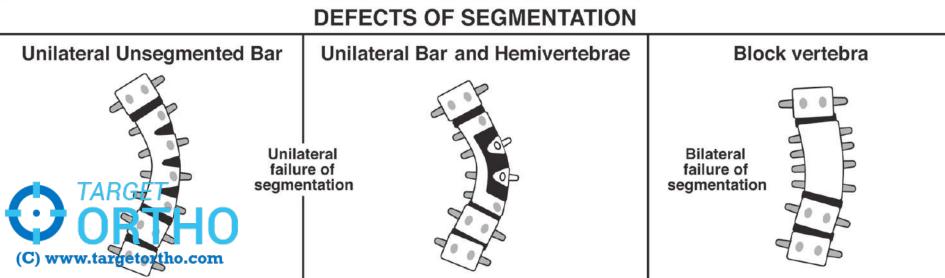
# Guided growth- shilla procedure



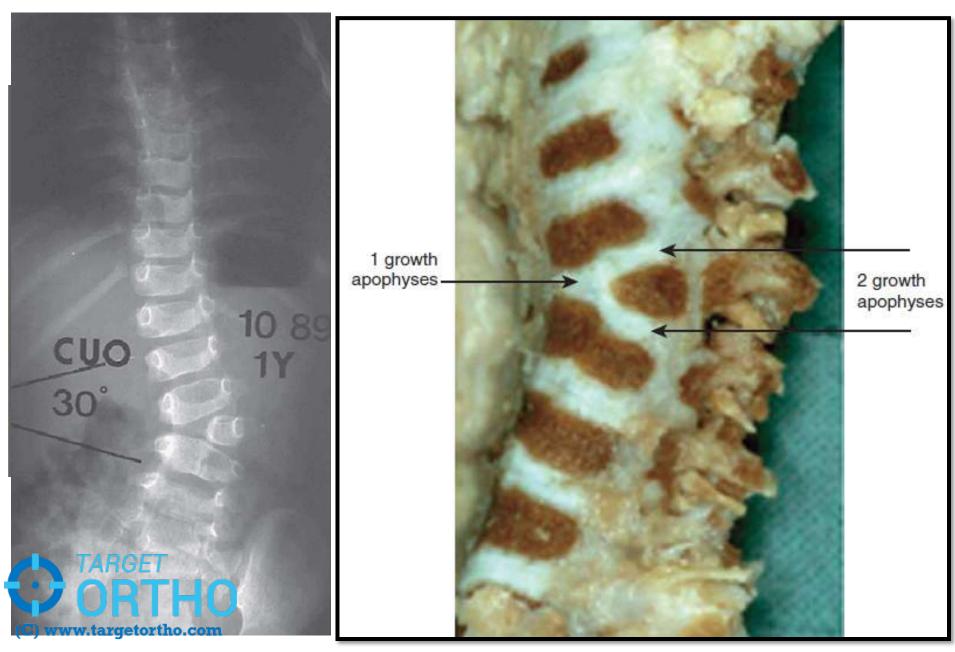


#### **Congenital scoliosis**



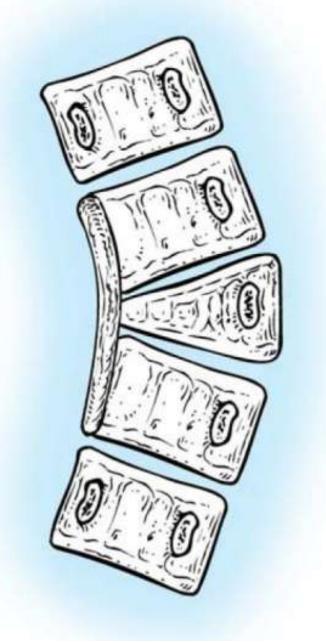


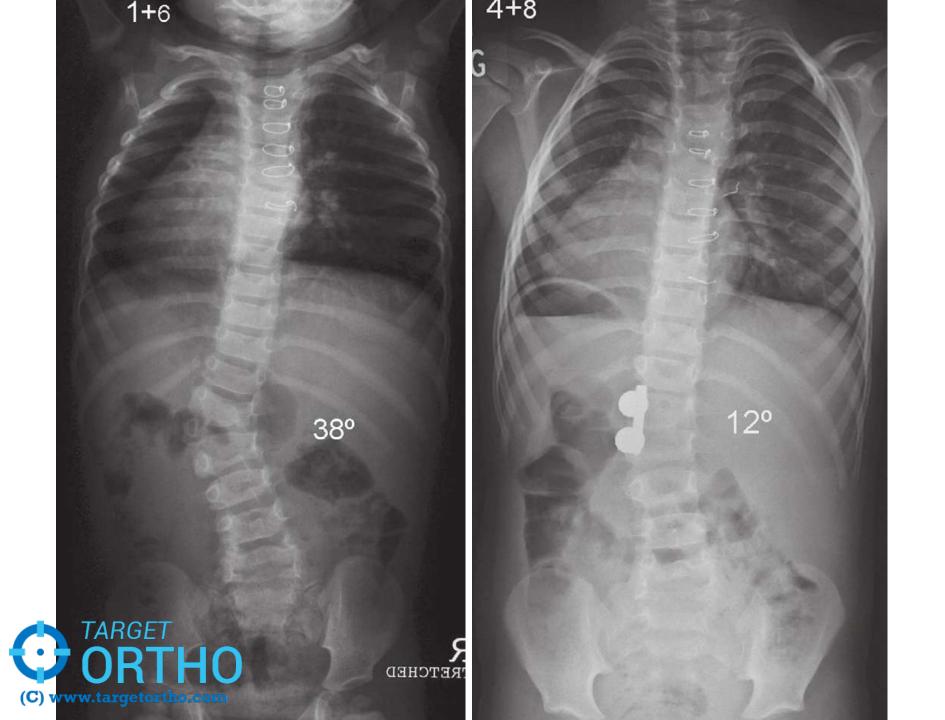
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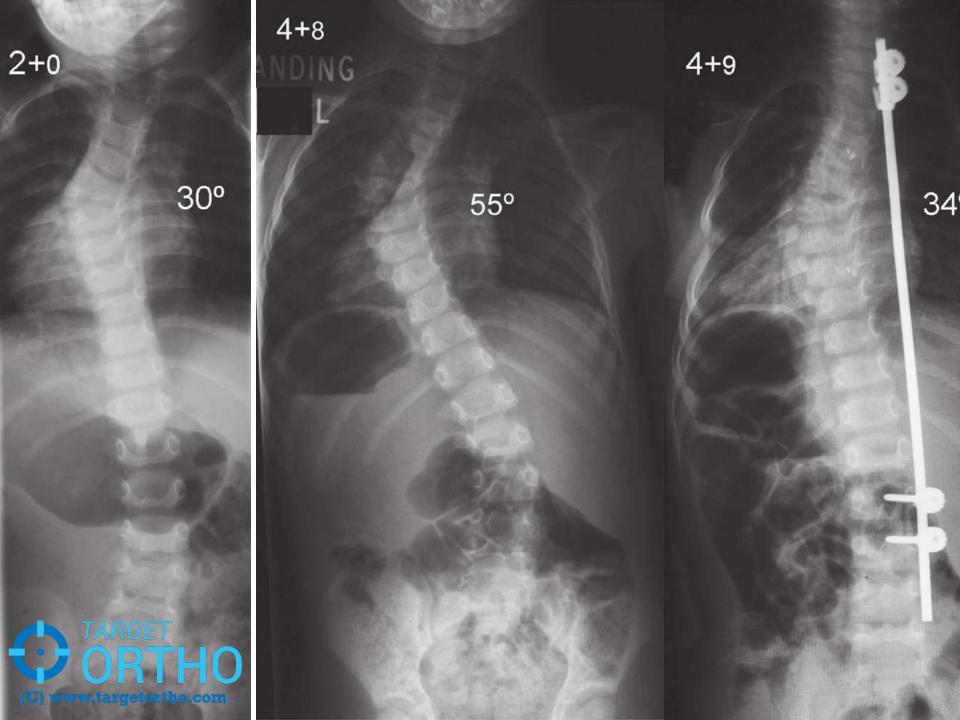


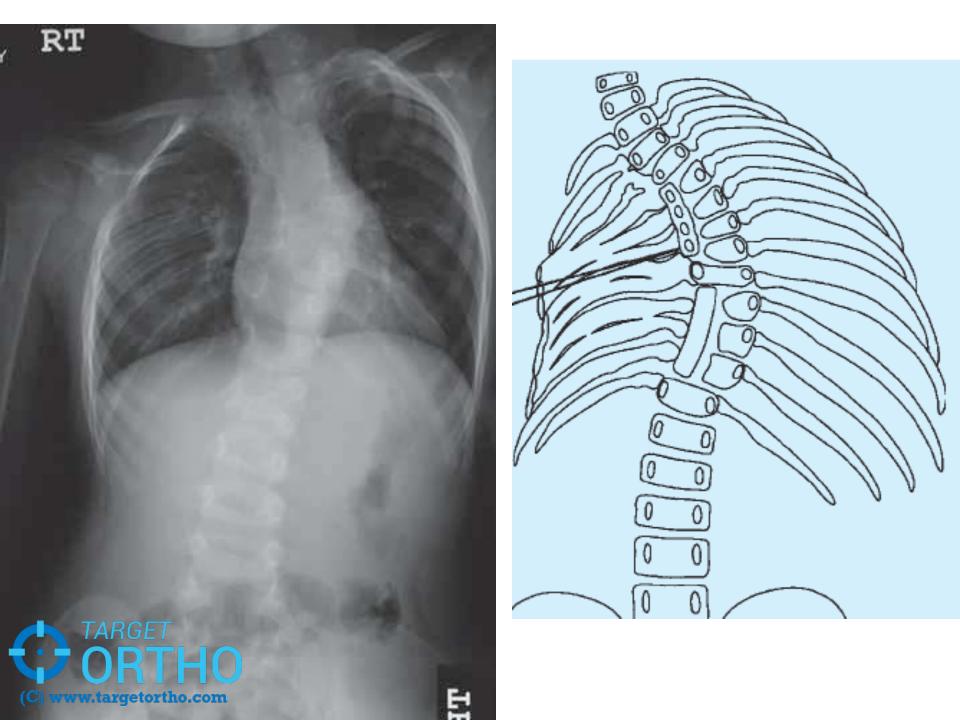
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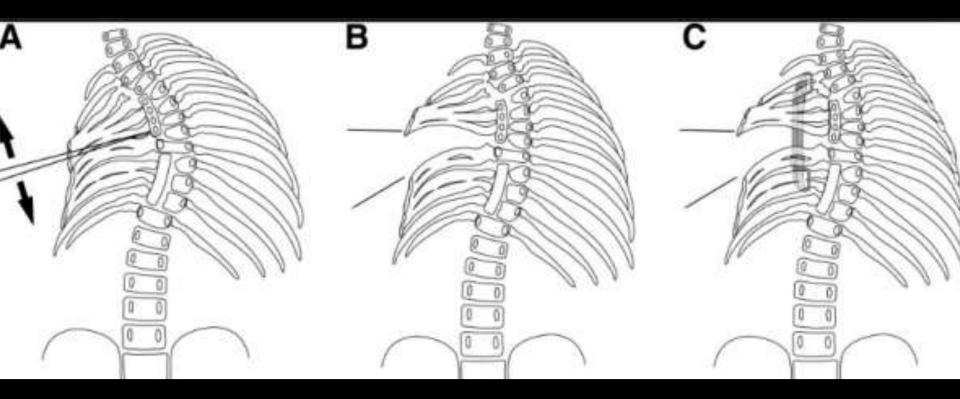








#### Thoracic expansion devices



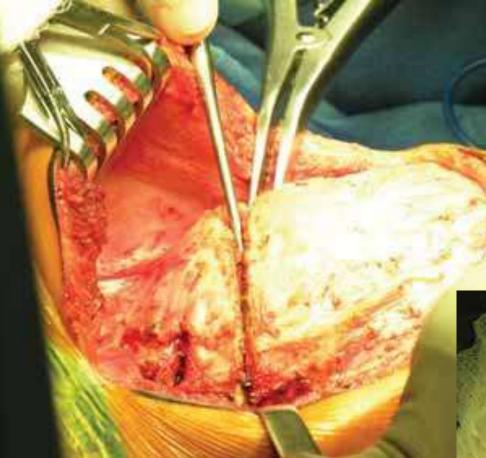


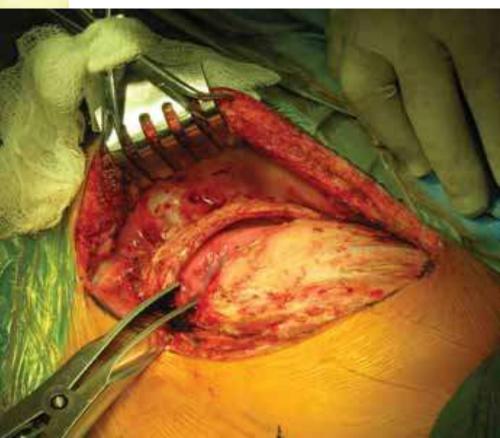
# Vertical expandable prosthetic titanium rib



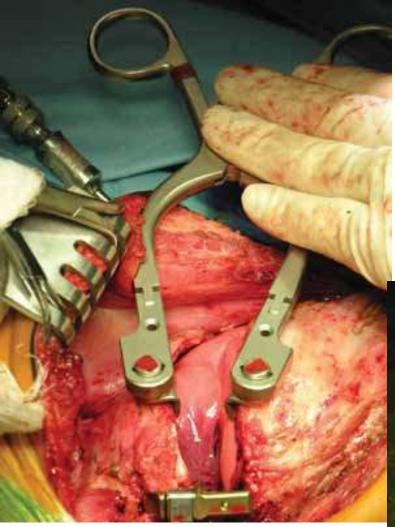
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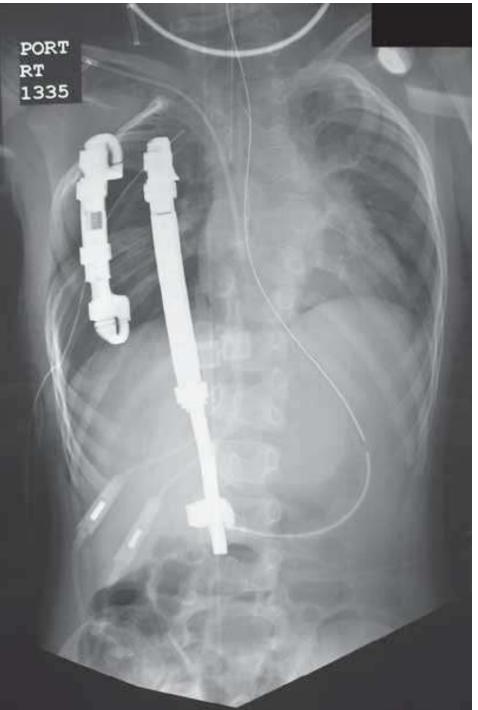












# Thank you

