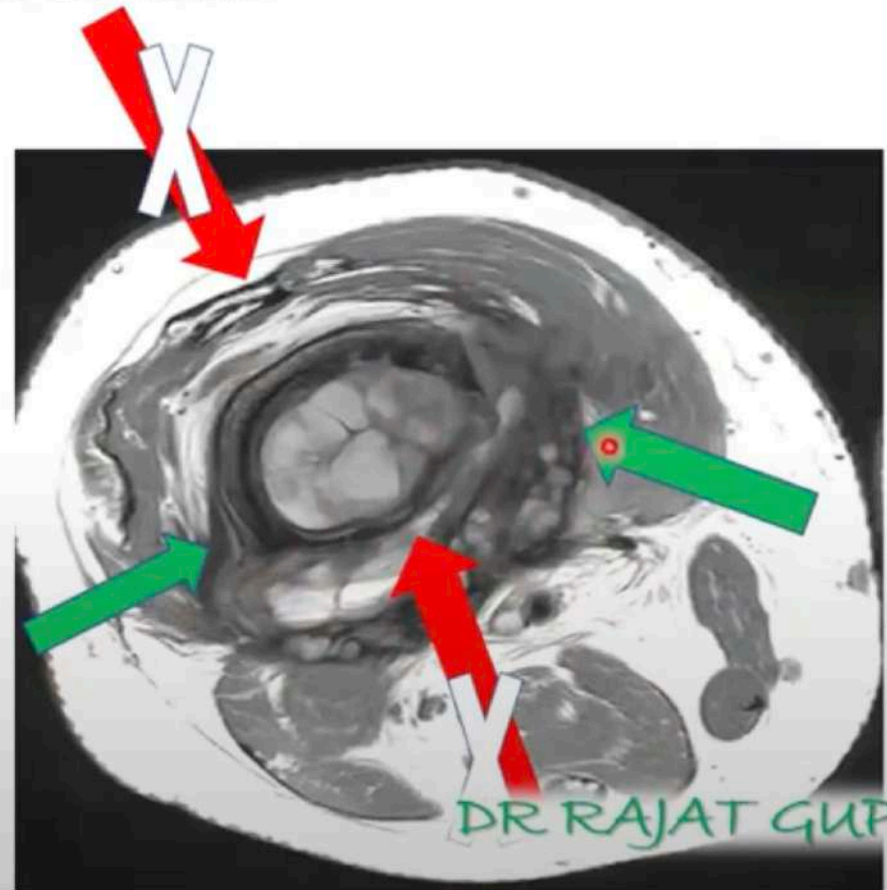


# PRINCIPLES OF BIOPSY

- AVOID NEUROVASCULAR BUNDLE



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# PRINCIPLES OF BIOPSY

- SINGLE POINT OF ENTRY



# PRINCIPLES OF BIOPSY

- SINGLE POINT OF ENTRY





# PRINCIPLES OF BIOPSY

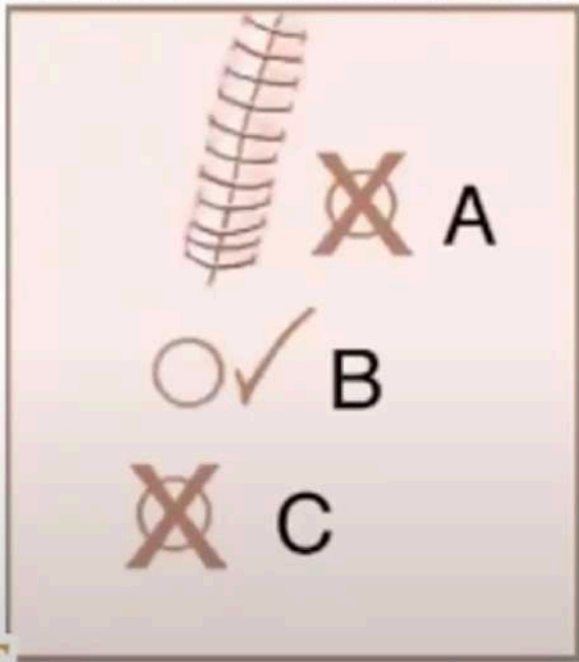
- DO NOT RAISE FLAPS
- GOOD HEMOSTASIS



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DR RAJAT GUPTA

# PRINCIPLES OF BIOPSY

- DRAIN SITE SHOULD BE IN LINE WITH THE SCAR

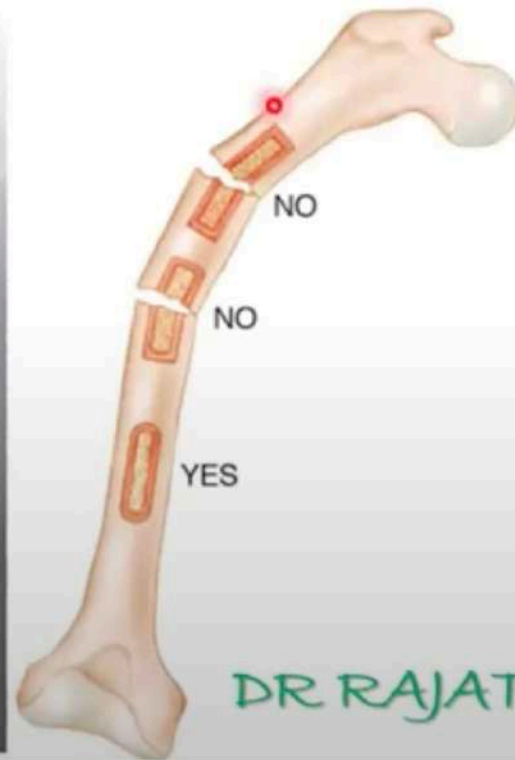
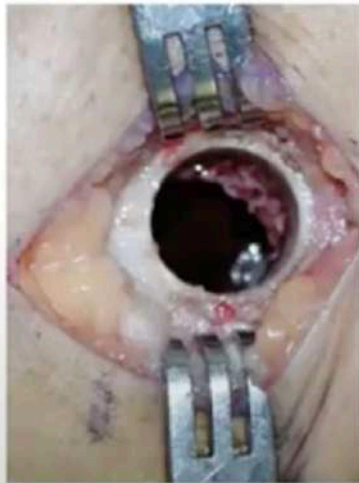


# PRINCIPLES OF BIOPSY

- DO NOT EXSANGUINATE (IF UNDER TOURNIQUET)

# PRINCIPLES OF BIOPSY

- OVAL WINDOW



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# PRINCIPLES OF BIOPSY

**DO NOT  
DIVIDE THE  
SPECIMEN**



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# 55Y/M SWELLING POPLITEAL FOSSA



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Diagnosis: Synovial Proliferation Right Popliteal Fossa ?? Lipomatosis Growth

Surgery : Arthroscopic Backer's Cyst Decompression + *lipoma excision biopsy*



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## REPORT 1

*There is no evidence of any malignant pathology in the Smears studied.*

**DIAGNOSIS; LUMP LT POPLITEAL FOSSA; SPINDLE CELL LIPOMA.**

## REPORT 2

CONCLUSION: Synovial tissue, left knee shows-

- Myxofibrosarcoma, low grade.

## REPORT 3

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Excised mass, left popliteal fossa: Suggestive of Myxoid Liposarcoma.

Note: Advised IHC/ molecular work up.

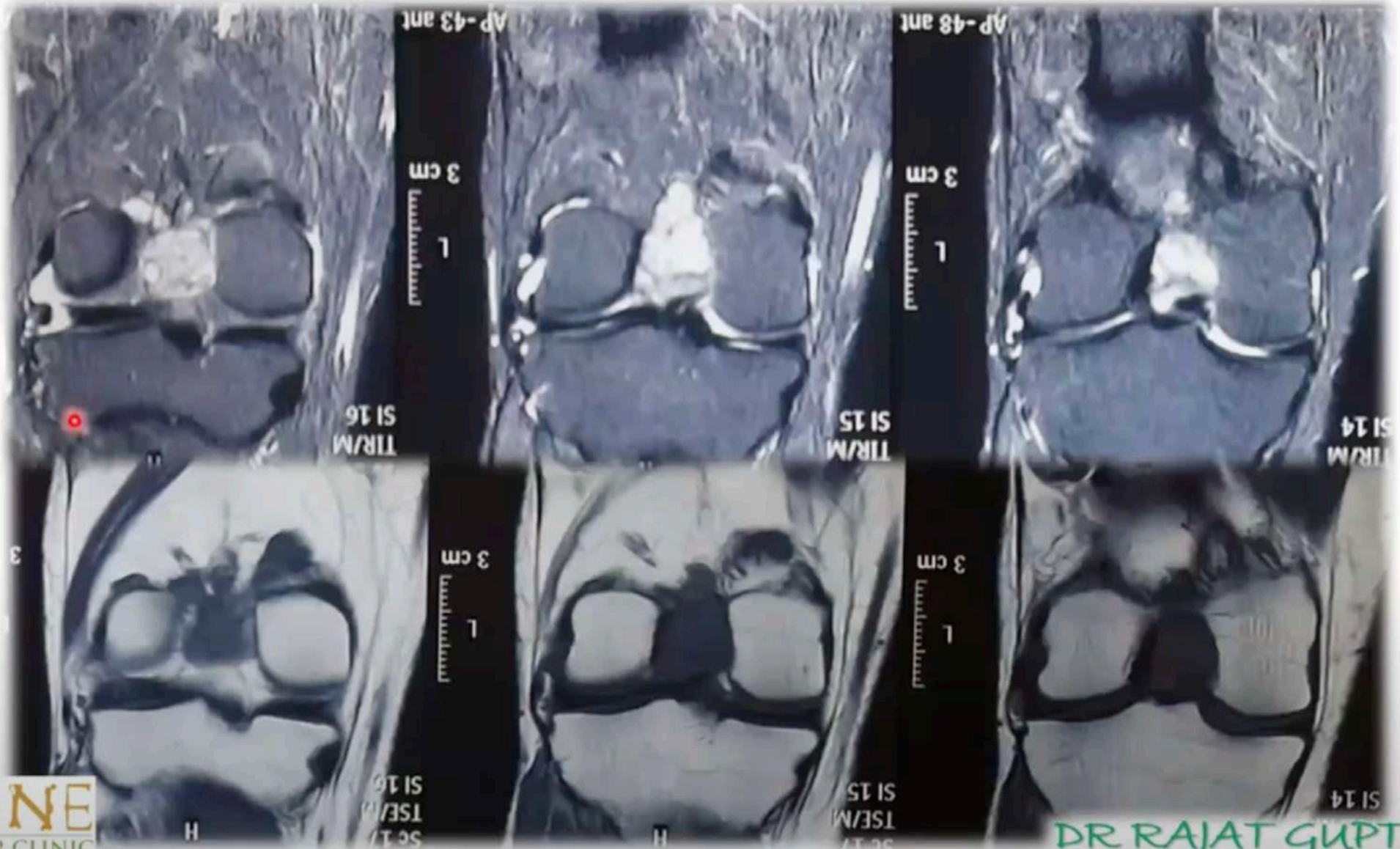
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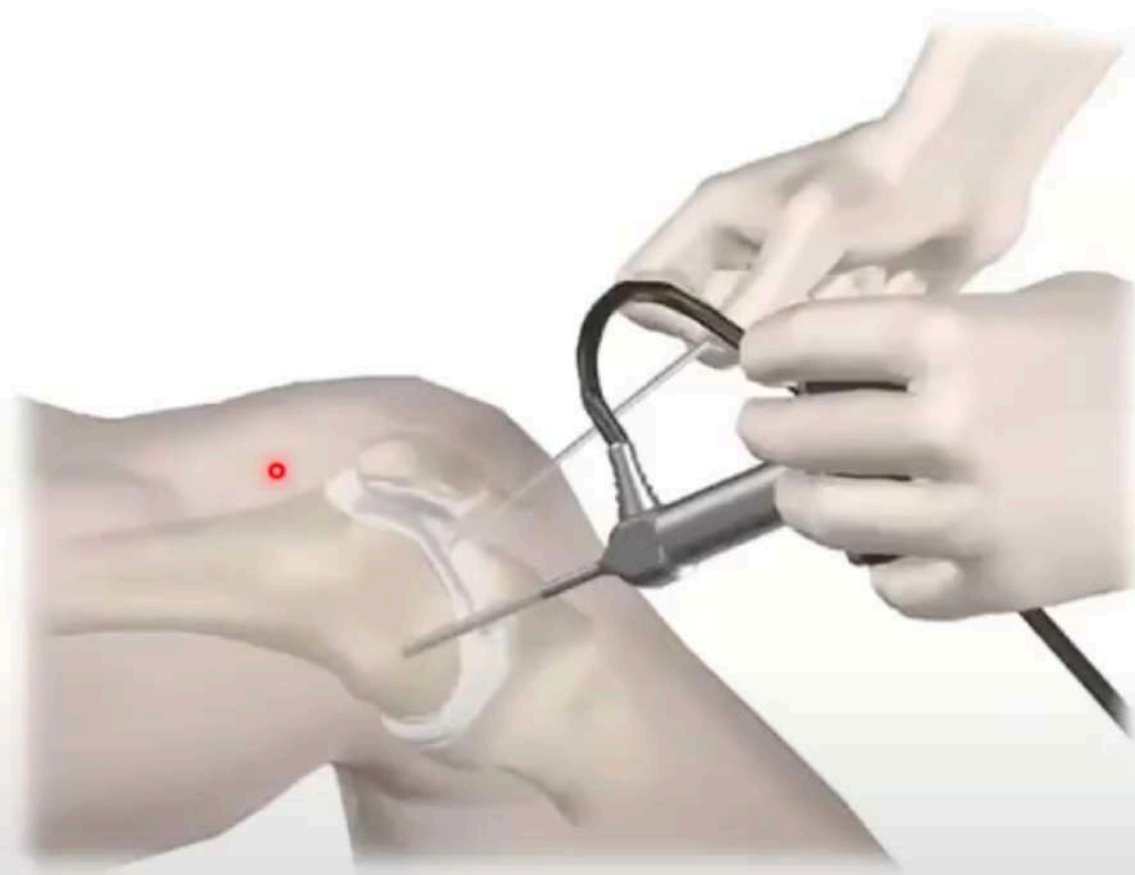
# PRINCIPLES OF BIOPSY

- SAMPLE SHOULD BE SENT TO MUSCULOSKELETAL PATHOLOGIST









- Arthroscopic excision of “cyst”
- Tissue sent for histopathology

BIOPSY

P/2970/17

**GROSS:** Container A: Bony tissue

Container B: Soft tissue: Multiple grey white tissue bits.

**MICROSCOPY:** Microsections from soft tissue show unencapsulated cellular tissue composed of spindle cells arranged in sheets and focally in storiform pattern. The cells are bland with elongated hyperchromatic nuclei, inconspicuous nucleoli and scant bipolar cytoplasm.

No increase in mitosis seen.

No necrosis seen.

Decalcified section of bone shows normal bony trabecule. No deposits or atypical cells seen.

**OPINION:** Benign spindle cell lesion.

**Please correlate with clinical findings.**



# 6 MONTHS AFTER ARTHROSCOPIC EXCISION



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Multiple sections studied show large areas of hemorrhage with tumor composed of two populations of cells. One population of cells is spindle cells in form of plump fascicles. The cells have scant cytoplasm. The second population predominates in the biopsy and shows plump epithelial cells forming glands and cords. The epithelial cells have prominent nucleoli. The tumor has hemangiopericytomatous pattern at places.

Focal areas of necrosis are seen.

Overall features are of Spindle cell tumor with possibility of synovial sarcoma (biphasic type).

Advise - Immunohistochemistry (CK, EMA, BCL-2, CD99, CD34, S100 and SMA) to confirm exact sub typing.

## Histopathology Report

BIOPSY

P/2970/17

**GROSS:** Container A: Bony tissue

Container B: Soft tissue: Multiple grey white tissue bits.

**MICROSCOPY:** Microsections from soft tissue show unencapsulated cellular tissue composed of spindle cells arranged in sheets and focally in storiform pattern. The cells are bland with elongated hyperchromatic nuclei, inconspicuous nucleoli and scant bipolar cytoplasm.

No increase in mitosis seen.

No necrosis seen.

Decalcified section of bone shows normal bony trabecule. No deposits or atypical cells seen.

**OPINION:** Benign spindle cell lesion.

Please correlate with clinical findings.

\*\*\* END OF THE REPORT \*\*\*

ent with mass in knee joint

ng to 3.2x2.0 cm, submitted entirely.

thage with tumor composed of two  
le cells in form of plump fascicles. The  
redominates in the biopsy and shows  
epithelial cells have prominent  
ttern at places.

bility of synovial sarcoma biphasic

99, CD34, S100 and SMA) to confirm

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-- End of Report --

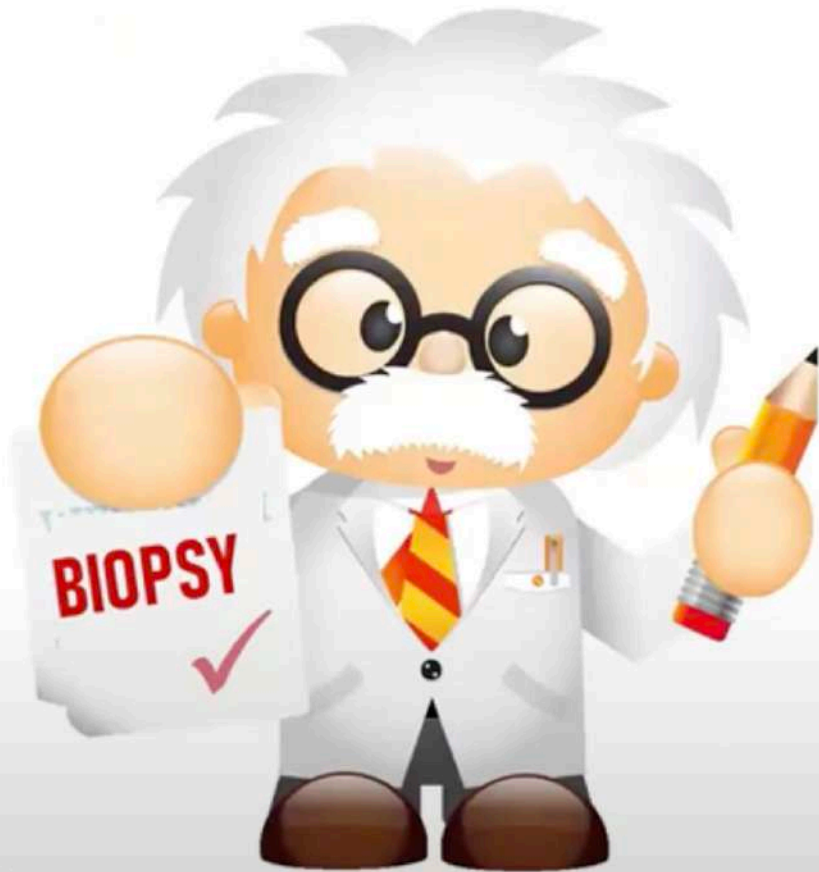


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Ok...Just write "Funny looking cells in pink and violet. Correlate clinically".

PATHOLOGY



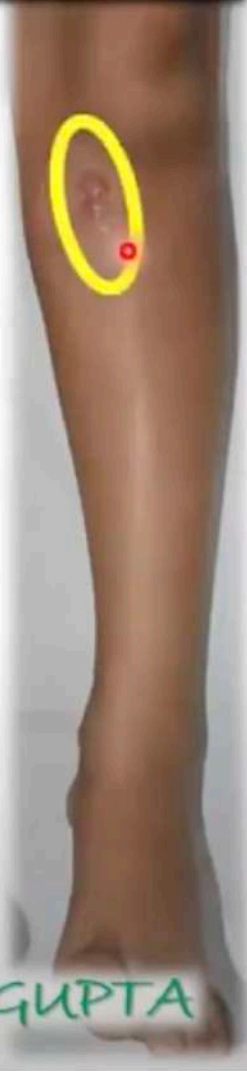
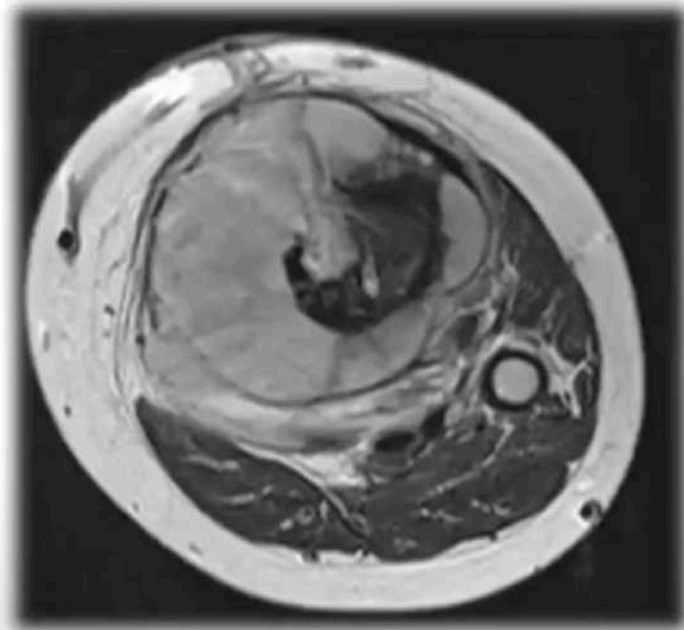
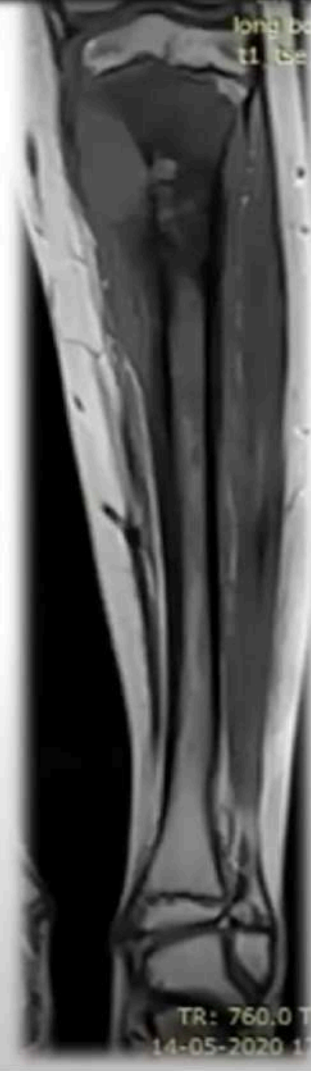


## ➤ BONE BIOPSY

- WHEN LESION IS SOLID
- WHEN LESION IS CYSTIC



# 10 Y/M PAIN / SWELLING PROXIMAL TIBIA



# INSERTION OF J NEEDLE



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# WHEN LESION IS CYSTIC



HEMORRHAGE  
&  
BLOOD CLOTS

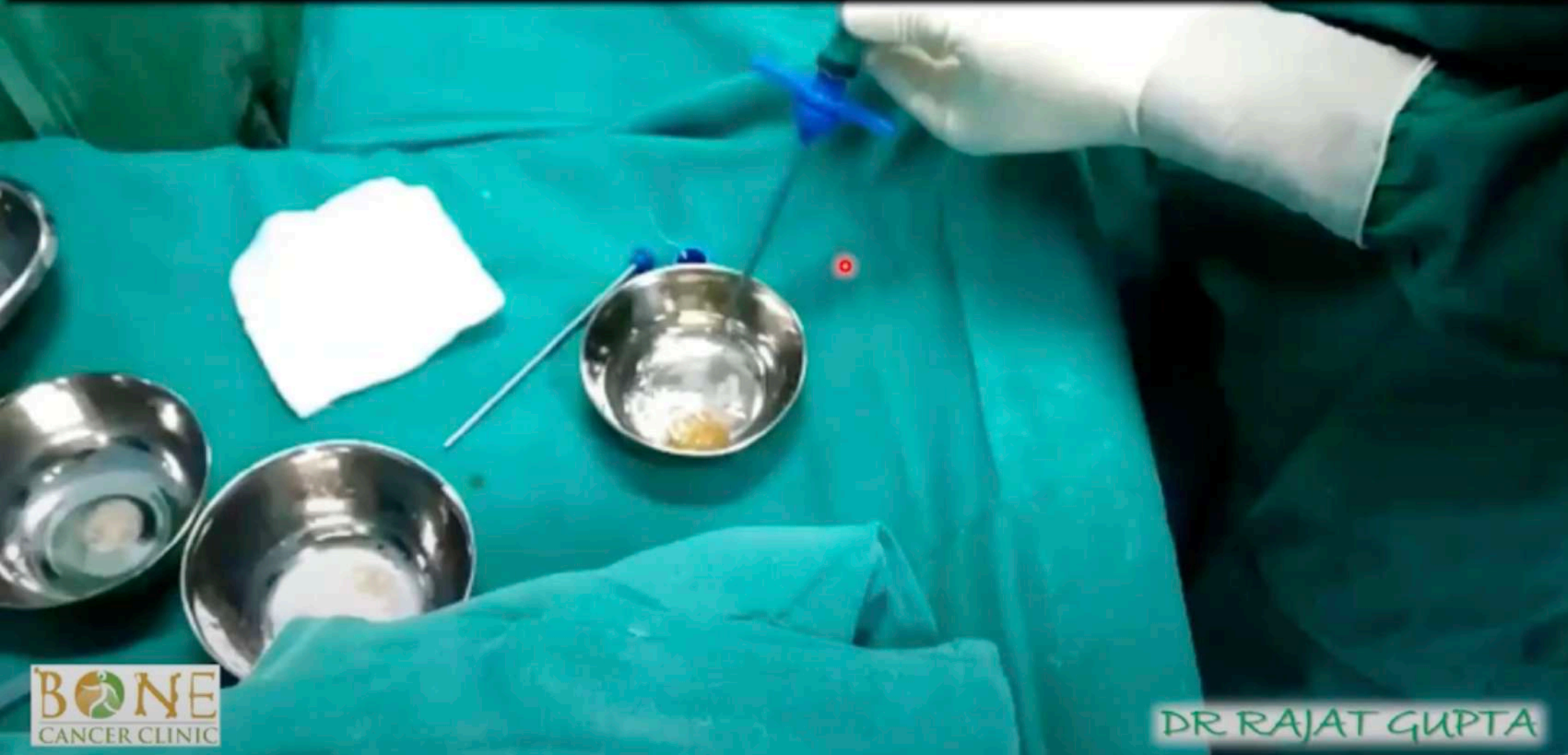


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# HEPARANISATION OF J NEEDLE



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# SCRAPPING OF WALLS OF CAVITY



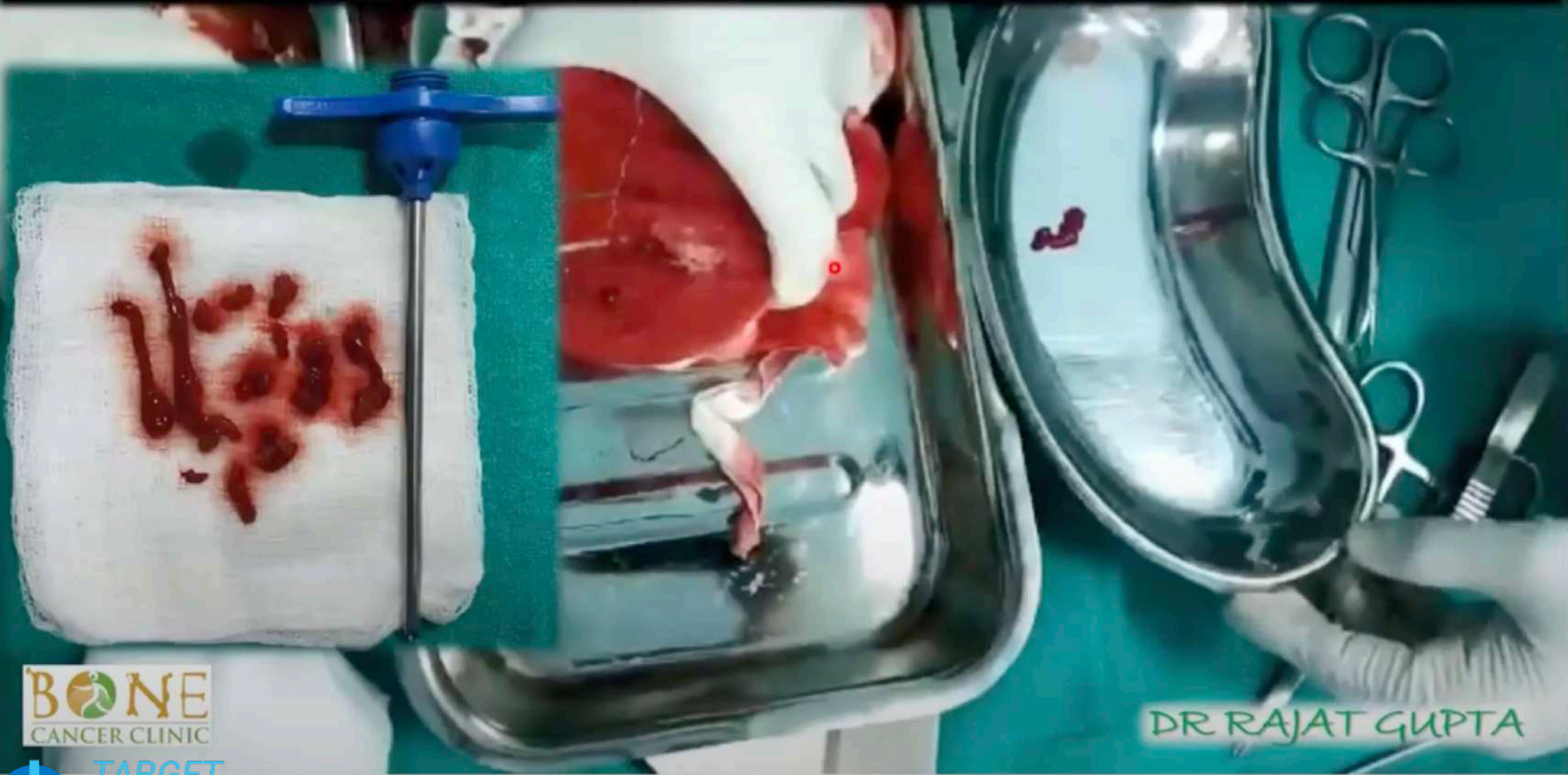
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# ISOLATING TUMOUR TISSUE



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# BONE BIOPSY WITH GUN

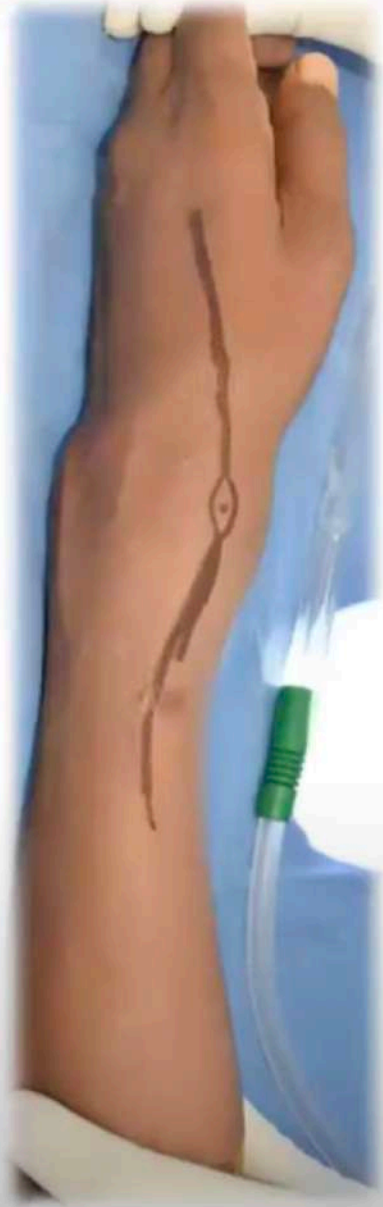
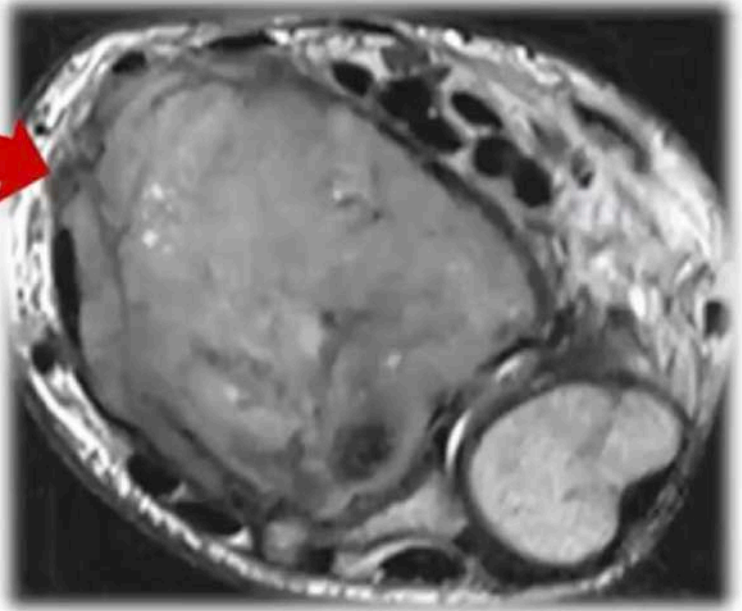


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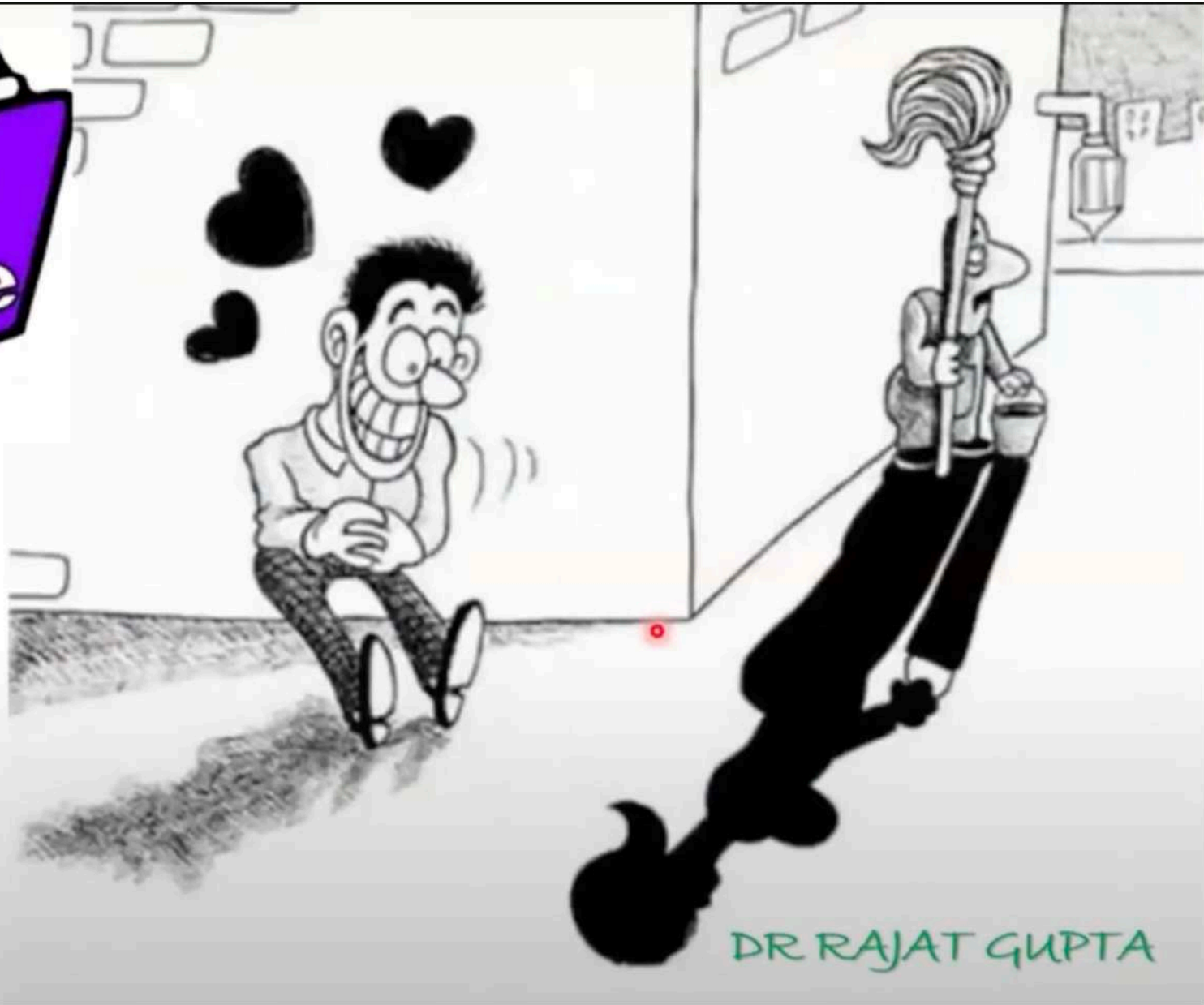
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Don't forget!

Take Home



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Don't forget!

- NEEDLE BIOPSY IS AS ACCURATE
- PROPER PLANNING BEFORE BIOPSY
- FOLLOW THE PRINCIPLES
- SHOULD BE DONE BY SURGEON DOING DEFINITIVE SURGERY

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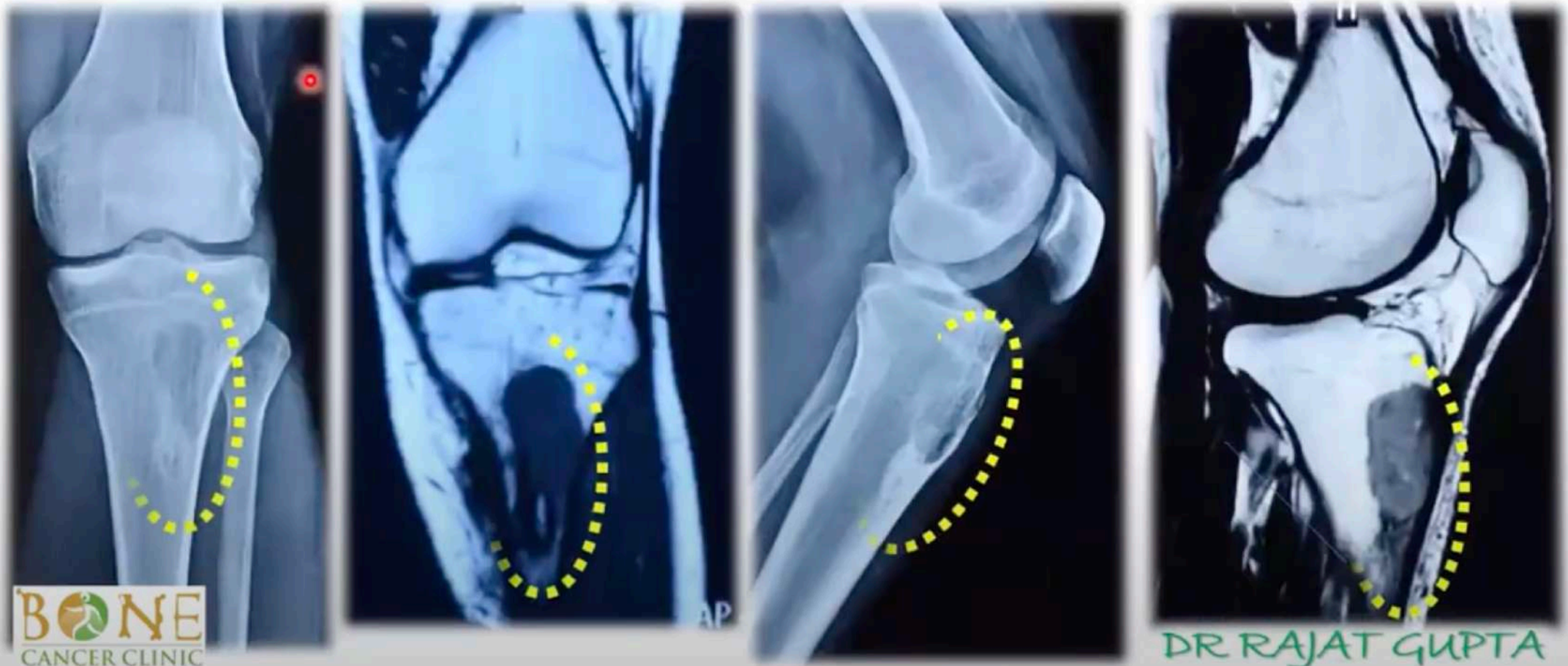
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# WHY TO BIOPSY ?



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# WHY TO BIOPSY ?

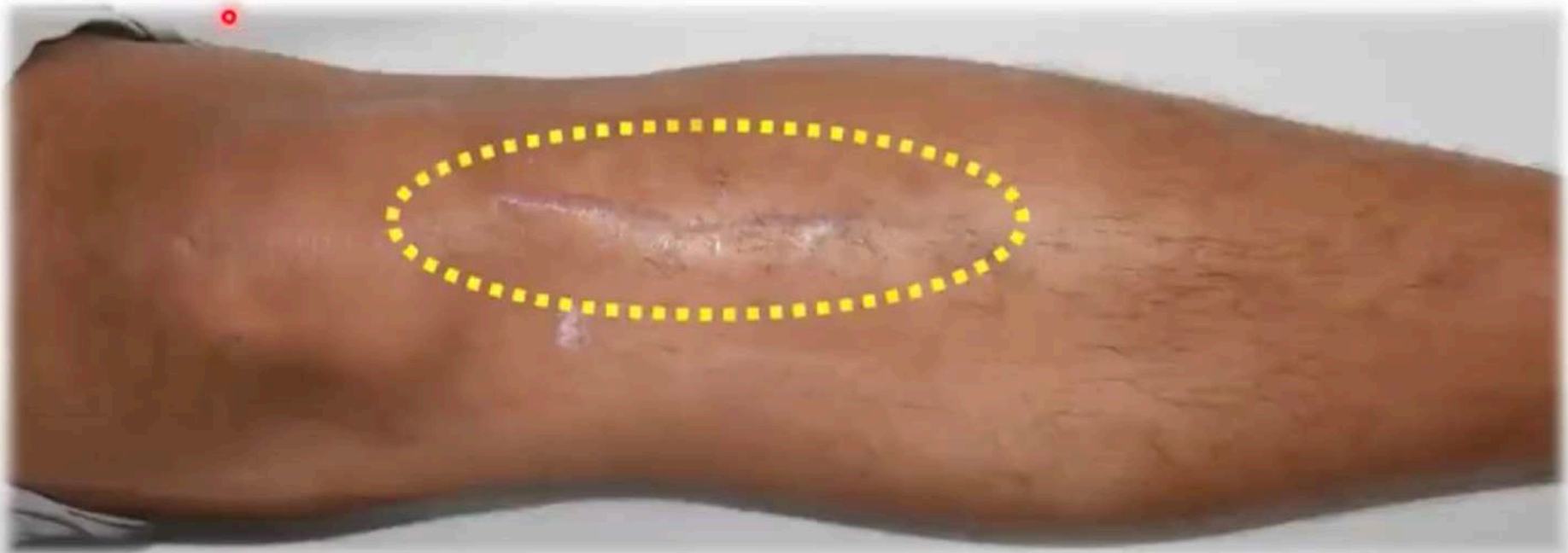
- Eccentric cystic lesion in proximal metadiaphyses of tibia, involving anterior cortex at level of insertion of patellar tendon with positive 'Penumbra sign' on T1WI. Surrounding marrow edema present extending into tibial epiphyses. Few tiny conglomerated T1/T2/STIR hyperintense lesions with sclerotic rim along caudal aspect of above-mentioned lesion.
- No solid area / fluid fluid level/ internal fat signal seen. No intra-epiphyseal/ extra-osseous extension.
- Deep subcutaneous and deep muscular plane edema.

Features are suggestive of Benign cortical lesion, likely subacute etiology- Brodies' abscess.

- Horizontal tear seen in the posterior horn of medial meniscus extending to adjacent body.

Suggested clinical correlation and further evaluation.

# WHY TO BIOPSY ?





# WHY TO BIOPSY ?

**SPECIMEN :** ABSCESS AT TIBIA HEAD

**GROSS EXAMINATION:** Received soft tissue measuring 3.0x2.0x1.5 cm. Calcified tissue measuring 3.0x1.5 cm.

**MICROSCOPIC EXAMINATION :** Section shows sheets and fascicles of neoplastic spindle cells with mild to moderate degree of pleomorphism and anaplasia. Increased atypical mitosis and pleomorphic tumor cells seen. Lace like osteoid material seen.

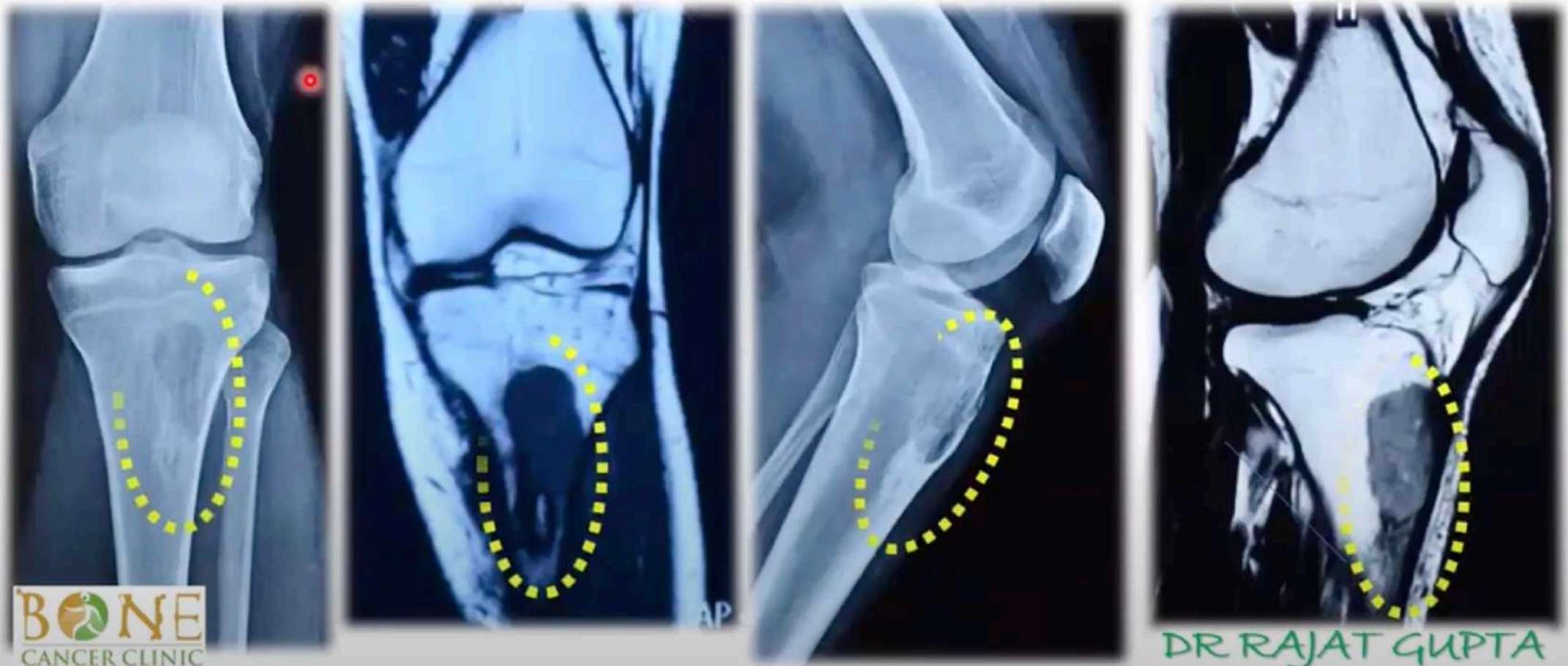
**OPINION :** HIGH GRADE SPINDLE CELL SARCOMA MORPHOLOGICALLY AN OSTEOGENIC SARCOMA.

**ADV. IHC PANEL**

**CORRELATE RADIOLOGICALLY.**



# WHY TO BIOPSY ?



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# WHY TO BIOPSY ?

- Eccentric cystic lesion in proximal metadiaphyses of tibia, involving anterior cortex at level of insertion of patellar tendon with positive 'Penumbra sign' on T1WI. Surrounding marrow edema present extending into tibial epiphyses. Few tiny conglomerated T1/T2/STIR hyperintense lesions with sclerotic rim along caudal aspect of above-mentioned lesion.
- No solid area / fluid fluid level/ internal fat signal seen. No intra-epiphyseal/ extra-osseous extension.
- Deep subcutaneous and deep muscular plane edema.

Features are suggestive of Benign cortical lesion, likely subacute etiology- Brodies' abscess.

- Horizontal tear seen in the posterior horn of medial meniscus extending to adjacent body.

Suggested clinical correlation and further evaluation.

# WHY TO BIOPSY ?



80 Y/F  
PAIN  
KNEE  
X  
1 YEAR



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# WHY TO BIOPSY ?

NAILING DONE  
FOR  
PATHOLOGICAL  
FRACTURE



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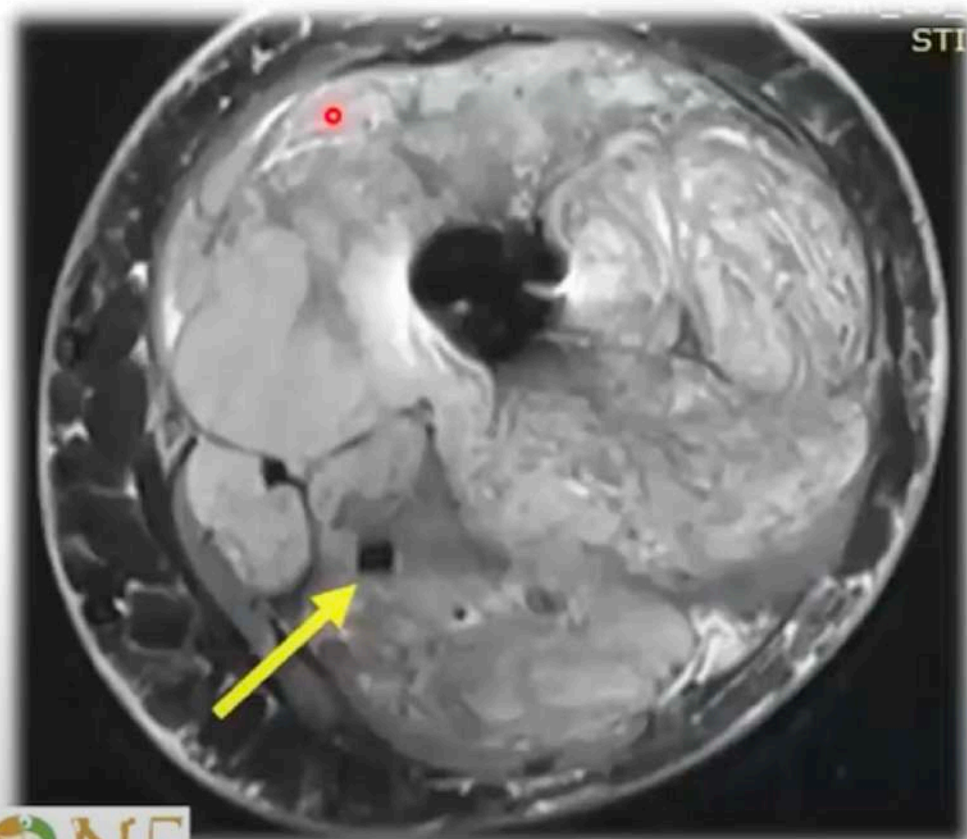
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# WHY TO BIOPSY?



# WHY TO BIOPSY ?



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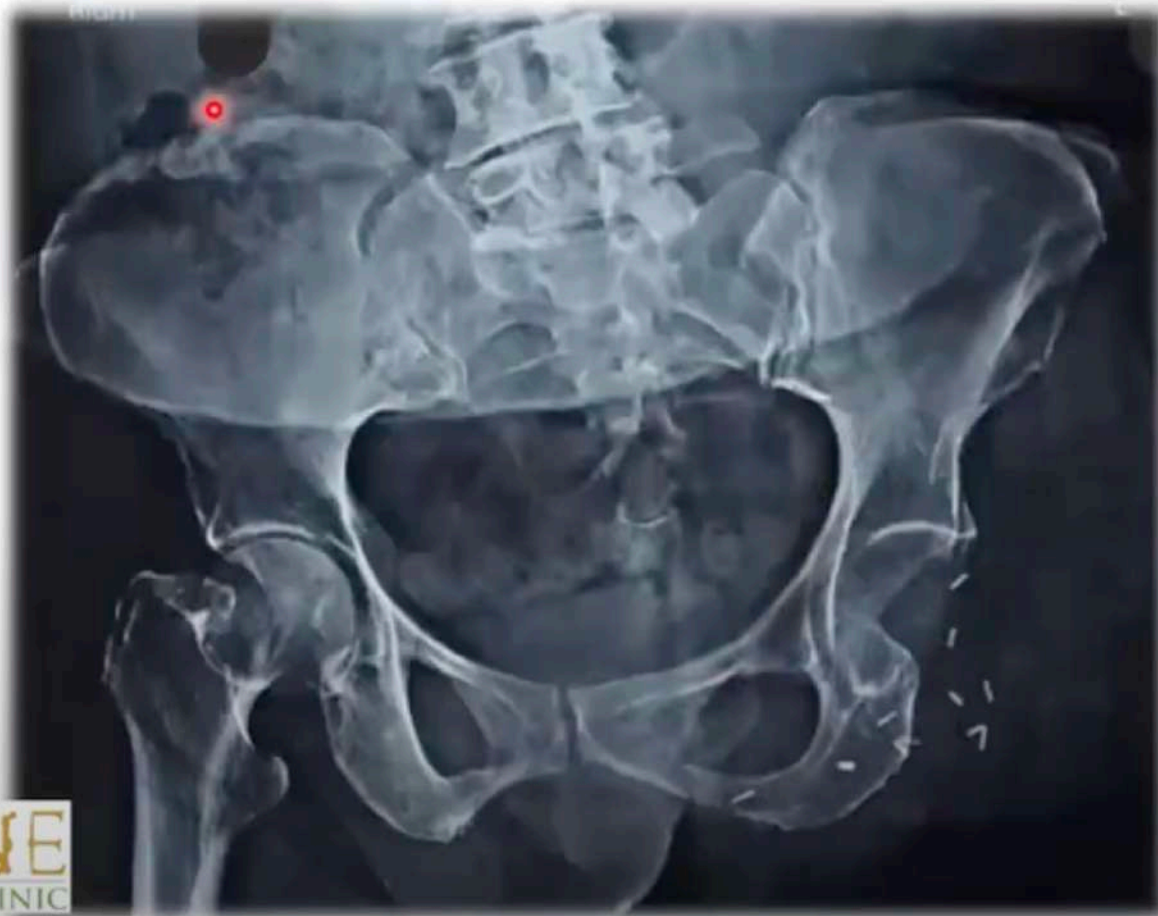
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# WHY TO BIOPSY ?

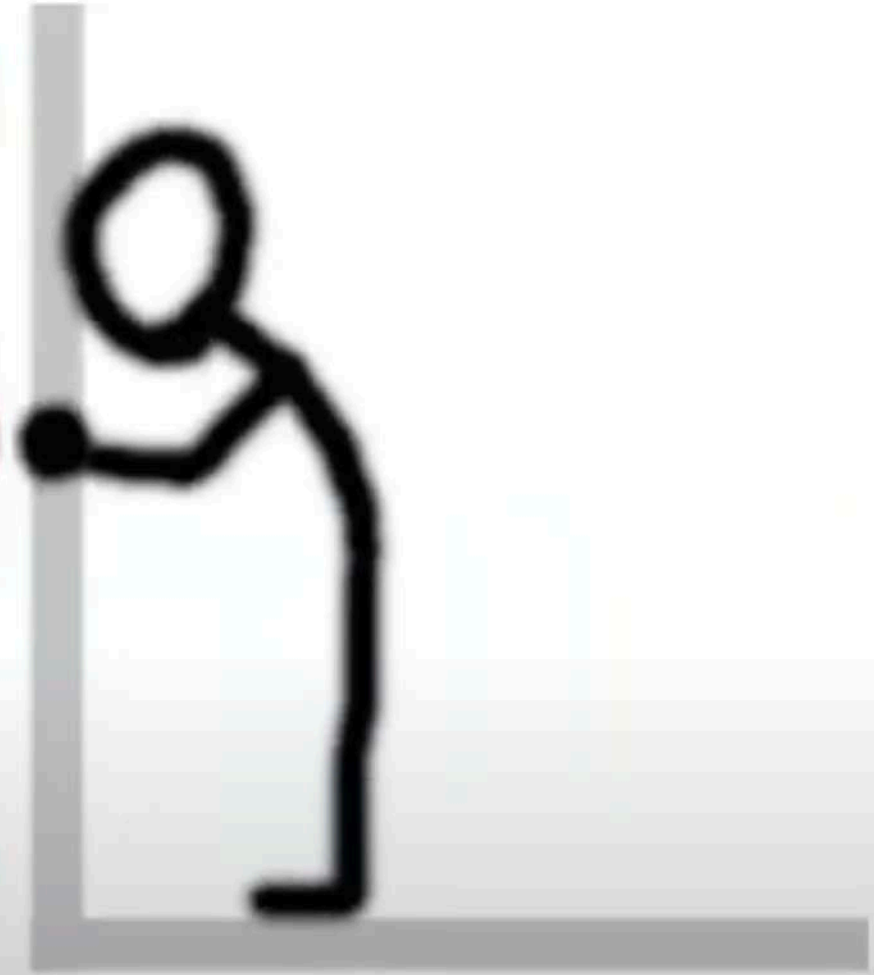


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# WHY TO BIOPSY ?

- TO ESTABLISH HISTOPATHOLOGICAL DIAGNOSIS
- TREATMENT PLAN



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# WHY TO BIOPSY ?

- TO ESTABLISH HISTOPATHOLOGICAL DIAGNOSIS
- TREATMENT PLAN
- PROGNOSTICATE THE PATIENT



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# WHEN TO BIOPSY ?

- AFTER IMAGING HAS BEEN DONE
  - Ideal site for biopsy within the tumour



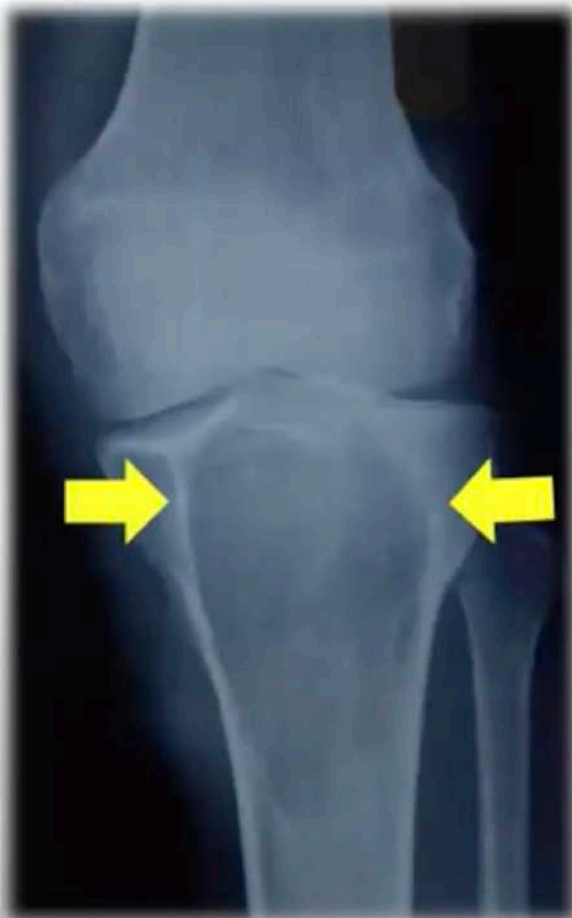
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# WHEN TO BIOPSY ?





# WHEN TO BIOPSY ?



# WHICH LESION TO BIOPSY ?



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# HOW TO BIOPSY ?



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# HOW TO BIOPSY ?

- LESSER COST
- OPD / DAYCARE PROCEDURE
- MINIMAL PAIN
- LESSER CONTAMINATION
- LESSER CHANCE OF INFECTION/  
PATHOLOGICAL FRACTURE



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# HOW TO BIOPSY ?



- MORE MATERIAL
- RESEARCH
- **INEXPERIENCED PATHOLOGIST**

J Orthop Surg\_(Hong Kong), 2013 Apr;21(1):92-5.

## **Accuracy of core needle biopsy for musculoskeletal tumours.**

Seng C<sup>1</sup>, Png W, Tan MH.

Cancer. 2000 Dec 15;89(12):2677-86.

**The percutaneous needle biopsy is safe and recommended masses.**

Welker JA<sup>1</sup>, Henshaw RM, Jelinek J, Shmookler BM, Malawer MM.

Sensitivity - 90 – 95 %  
Specificity - 95- 100 %  
Positive predictive value – 100%  
Negative predictive value- 80%

J Bone Joint Surg Am. 1996 May;78(5):644-9.

**Diagnostic accuracy and charge-savings of outpatient core needle biopsy compared with open biopsy of musculoskeletal tumors.**

Skrzynski MC<sup>1</sup>, Biermann JS, Montag A, Simon MA.



# PRINCIPLES OF BIOPSY



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# PRINCIPLES OF BIOPSY



Should be done by  
surgeon doing  
definitive procedure

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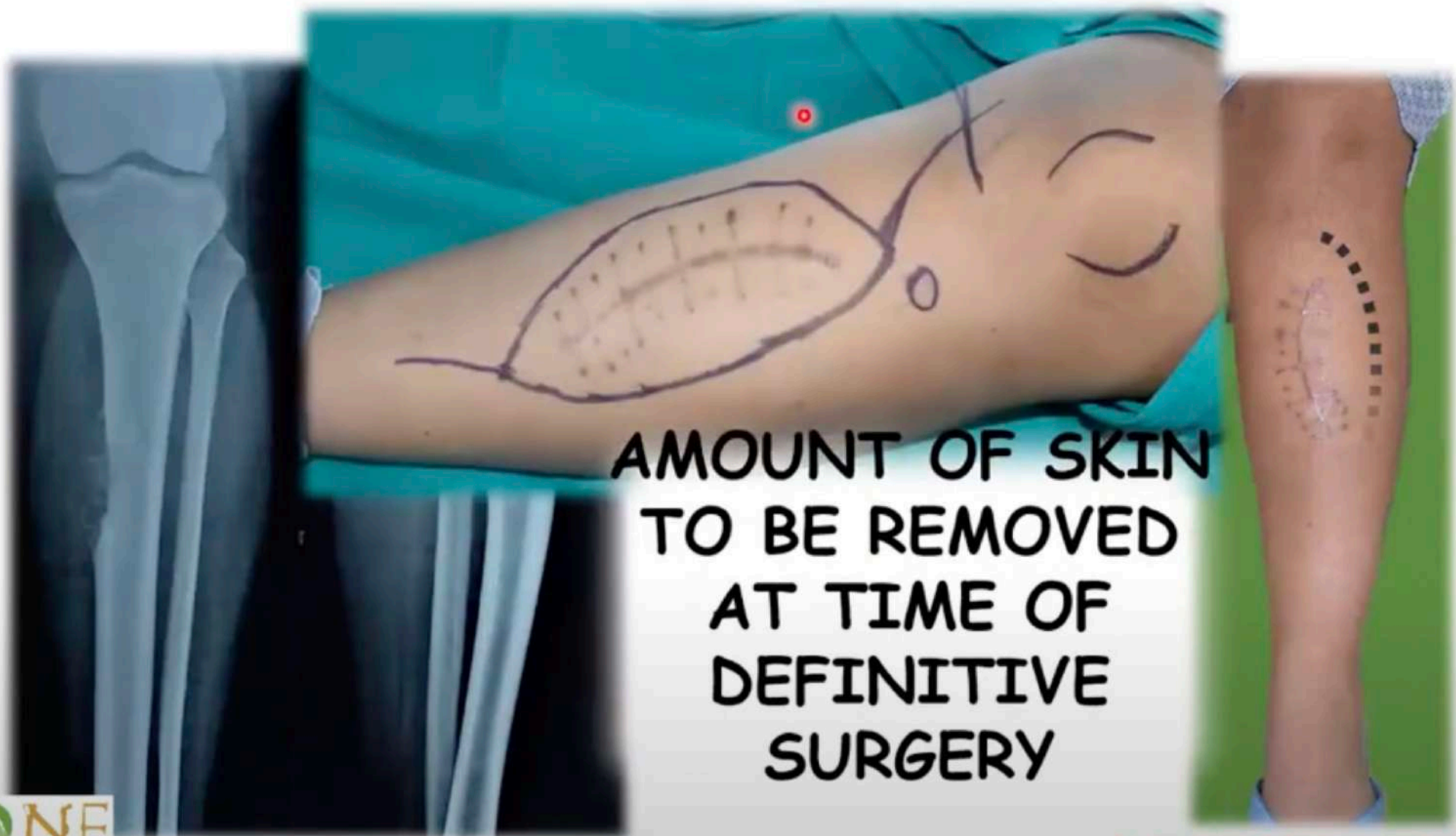
20 Y/ M  
EWING'S  
SARCOMA  
TIBIA

UNDERWENT  
OPEN BIOPSY  
ELSEWHERE

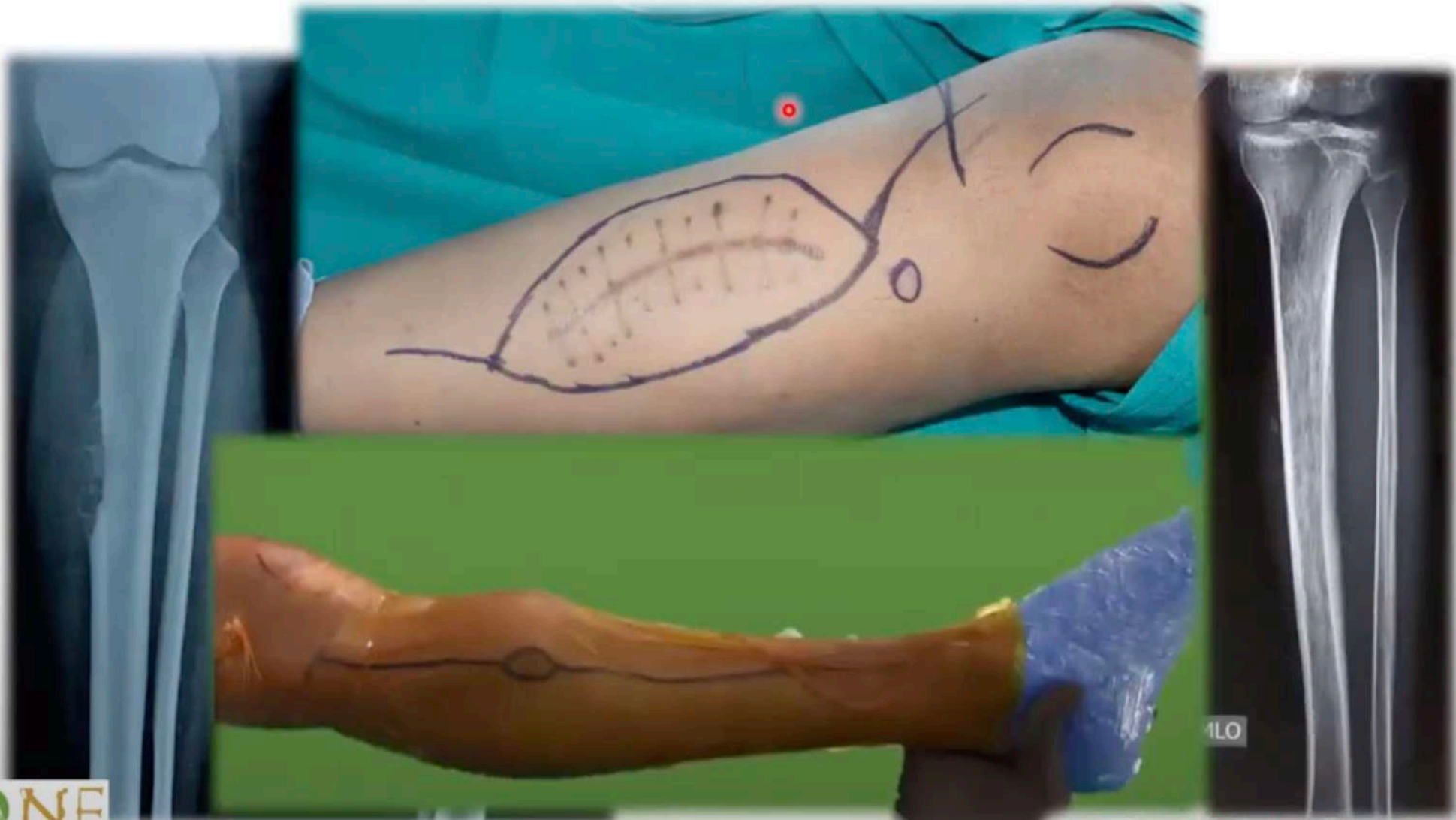


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AMOUNT OF SKIN  
TO BE REMOVED  
AT TIME OF  
DEFINITIVE  
SURGERY

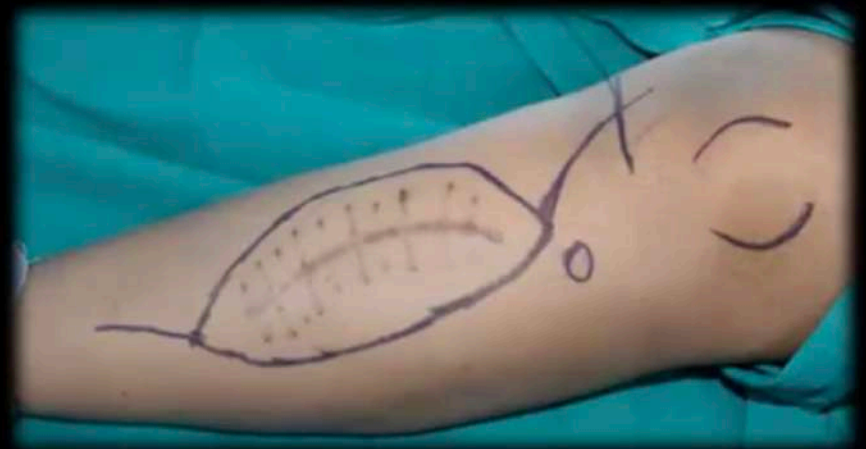


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- Increases Surgical morbidity
- Require additional procedure
- May delay adjuvant therapy
- Compromises final outcome



J Bone Joint Surg Am. 1996 May;78(5):656-63.

## **The hazards of the biopsy, revisited. Members of the Musculoskeletal Tumor Society.**

Mankin HJ<sup>1</sup>, Mankin CJ, Simon MA.

### **⊕ Author information**

#### **Abstract**

In 1982, members of the Musculoskeletal Tumor Society, representing sixteen centers for the treatment of bone and soft-tissue cancer, compiled data regarding the hazards associated with 329 biopsies of primary malignant musculoskeletal sarcomas. The investigation showed troubling rates of error in diagnosis and technique, which resulted in complications and also adversely affected the care of the patients. These data were quite different when the biopsy had been carried out in a treatment center rather than in a referring institution. On the basis of these observations, the Society made a series of recommendations about the technical aspects of the biopsy and stated that, whenever possible, the procedure should be done in a treatment center rather than in a referring institution. In 1992, the Musculoskeletal Tumor Society decided to perform a similar study to determine whether the rates of complications, errors, and deleterious effects related to biopsy had changed. Twenty-five surgeons from twenty-one institutions submitted the cases of 597 patients. The results were essentially the same as those in the earlier study. The rate of diagnostic error for the total series (in which cases from referring institutions and treatment centers were combined) was 17.8 percent. There was no significant difference in the rate of patients for whom a problem with the biopsy forced the surgeon to carry out a different and often more complex operation or to use adjunctive irradiation or chemotherapy (19.3 percent in the current study, compared with 18 percent in the previous one). There was also no significant differences in the percentage of patients who had a change in the outcome, such as the need for a more complex resection that resulted in disability, loss of function, local recurrence, or death, attributable to problems related to the biopsy (10.1 percent in the current study, compared with 8.5 percent in the 1982 study). Eighteen patients in the current study had an unnecessary amputation as a result of the biopsy, compared with fifteen in the previous study. Errors, complications, and changes in the course and outcome were two to twelve times greater ( $p < 0.001$ ) when the biopsy was done in a referring institution instead of in a treatment center.



# PRINCIPLES OF BIOPSY



Should be done by  
surgeon doing  
definitive procedure



# PRINCIPLES OF BIOPSY

- **SHORTEST ROUTE THROUGH ONE COMPARTMENT ONLY**

# PRINCIPLES OF BIOPSY

- IN LINE WITH SURGICAL INCISION

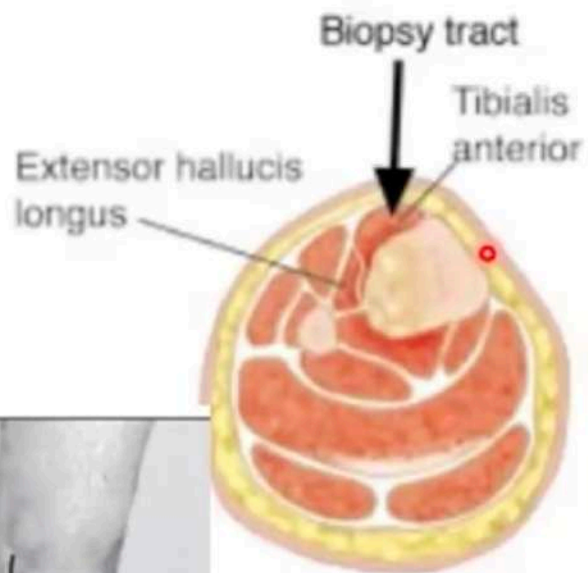


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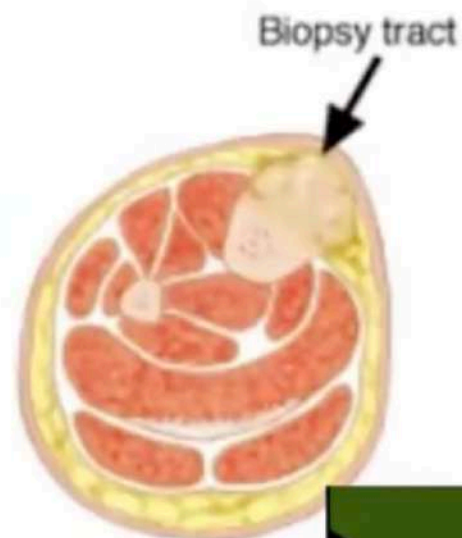
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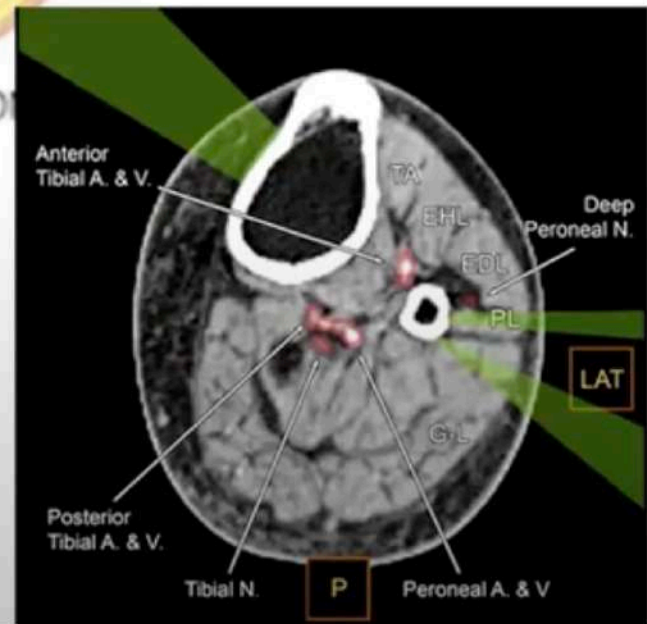
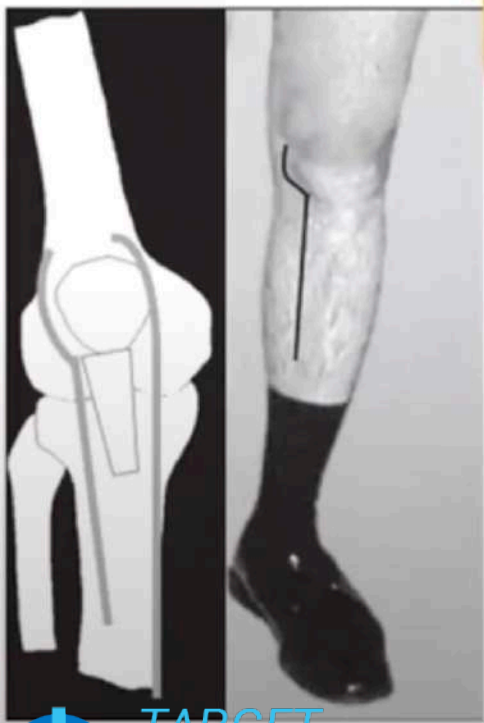


LATERAL LESION

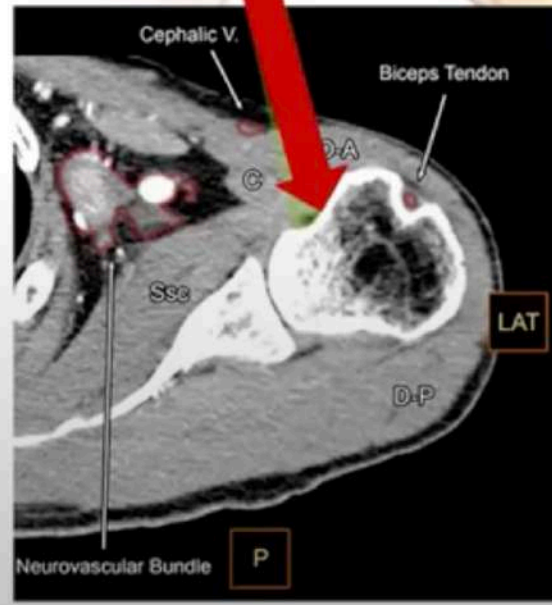
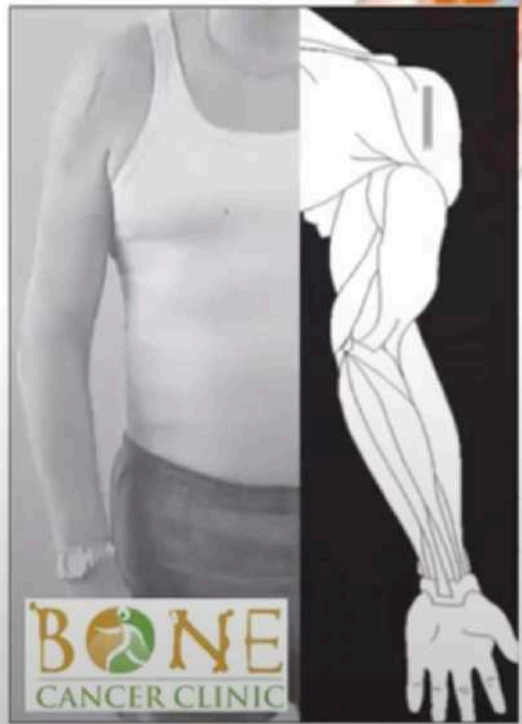
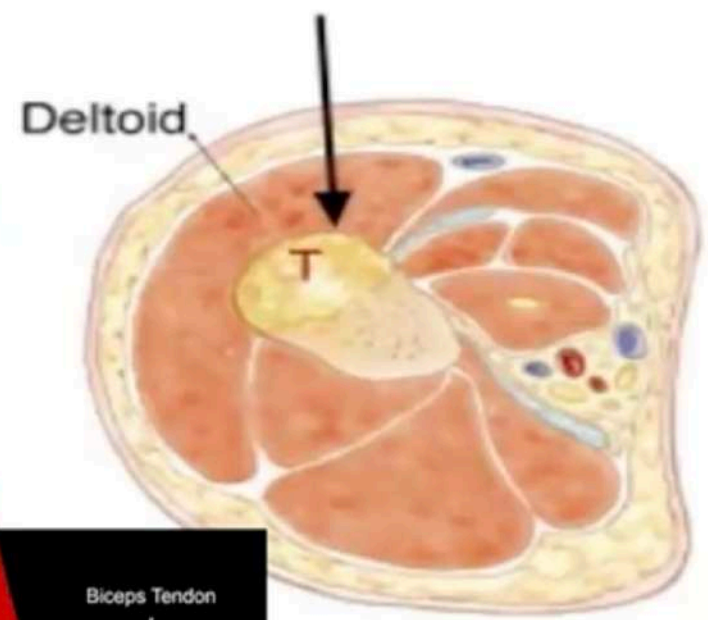
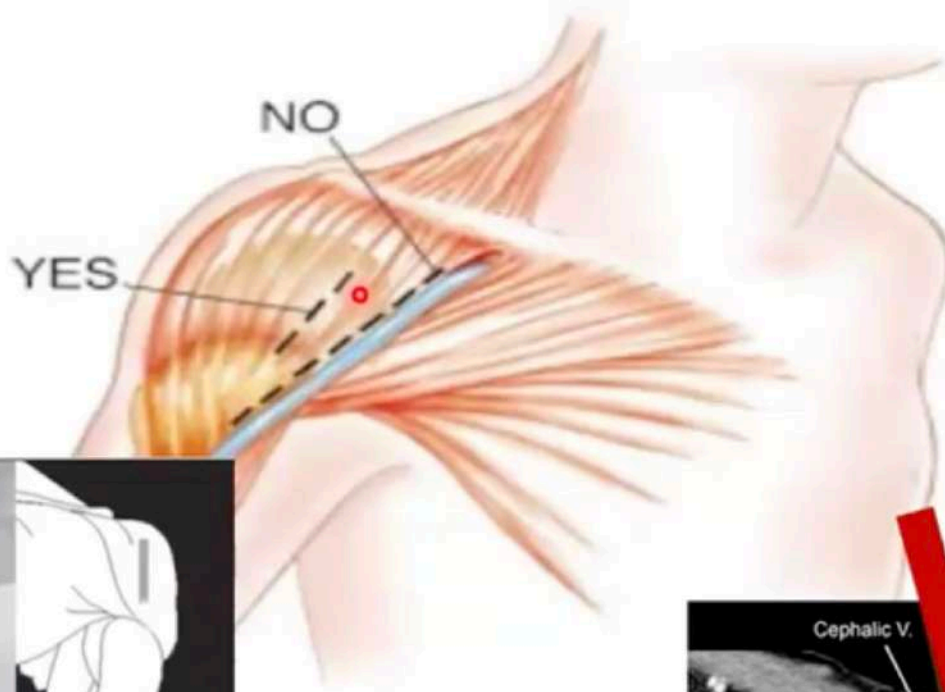


MEDIAL LESION

# PROXIMAL TIBIA



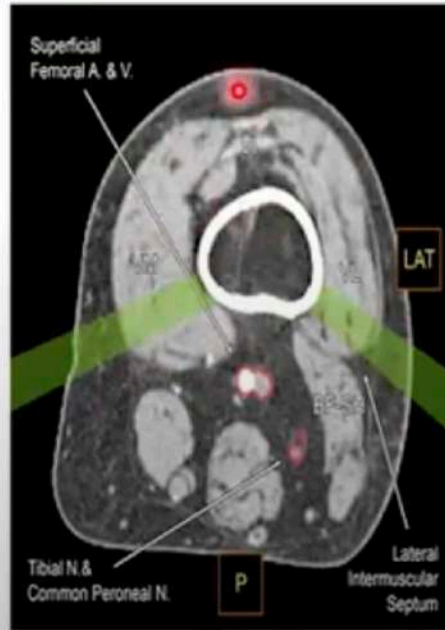
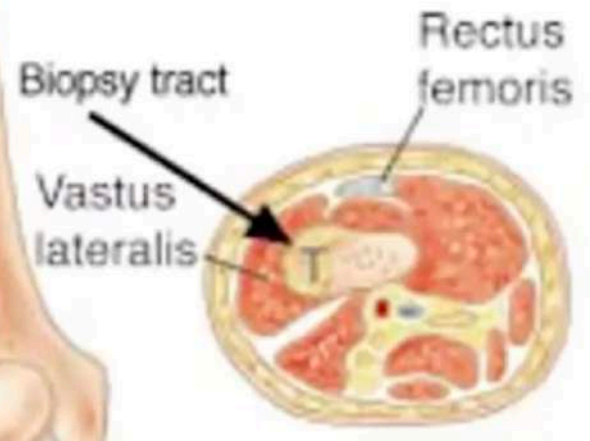
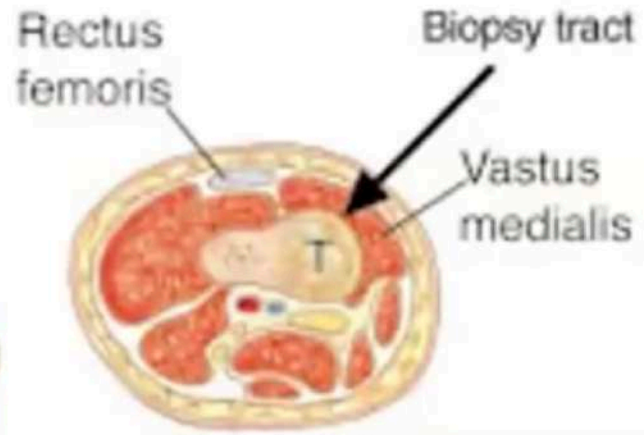




PROXIMAL HUMERUS

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DISTAL FEMUR



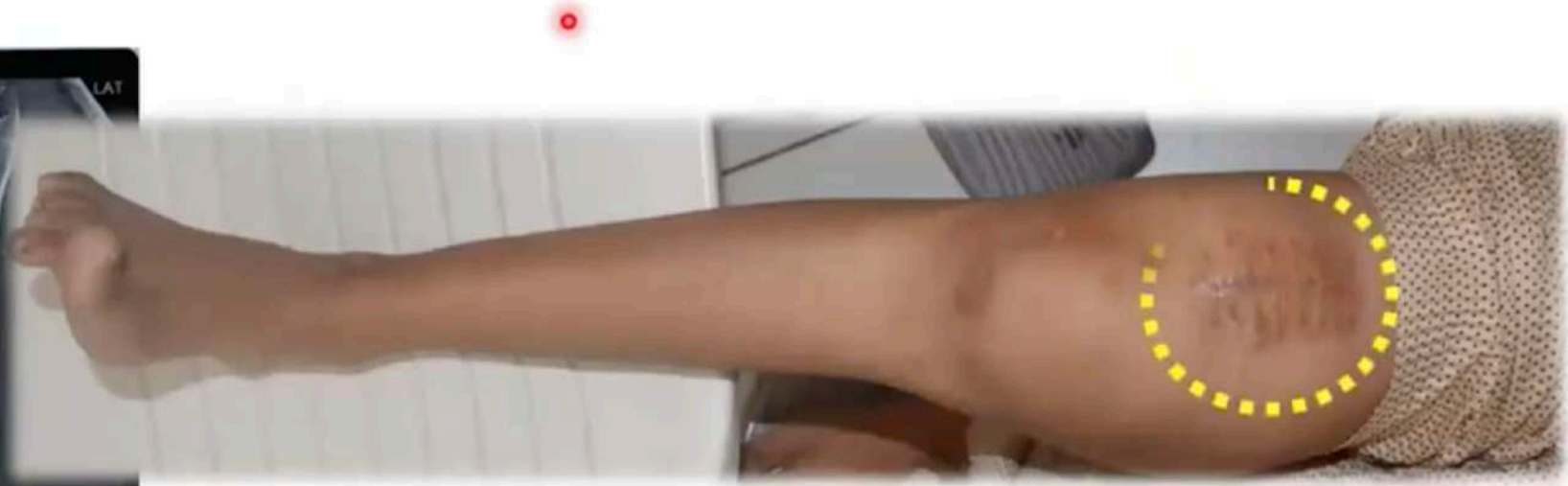
DISTAL FEMUR

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## OPEN BIOPSY - MIDLINE INCISION THROUGH RECTUS

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# PRINCIPLES OF BIOPSY

- AVOID JOINT/  
ARTHROSCOPIC  
BIOPSY



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